# **WALKING SAFETY**









Look left, right, and behind you



Make **Eye Contact** with drivers



Cross with heads up and looking around

# **BIKING SAFETY**

#### Be Predictable

Follow all traffic laws and stop at stop signs.

Be aware of traffic. Ride single file in the direction of traffic. Ride in a straight line on the right side of the road. Use lights when riding at night.

## **Use Hand Signals**



Right Turn



Slow or Stop



Left Turn

#### **Wear Your Helmet**

Your helmet should cover your forehead and rest just above your eyebrows.

Straps should form a V under ears when buckled.



**Tighten the strap** so it is snug under your chin.

### **Watch for Shared Lane Markings**

Ride down the center of this "sharrow" symbol to stay outside the door zone on streets without bike lanes.



# **DRIVING TIPS**

**Slow Down:** Watch and stop for students and families crossing, especially when other vehicles block your view.

Park Safely: Park, stop, and load students only in designated spaces.

#### Follow Traffic Laws: Avoid mid-block U-turns and keep crosswalks, accessible parking spaces, fire hydrants, bus stops, and driveways clear.



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# INTERNATIONAL SCHOOL **SUGGESTED WALK AND ROLL MAP**



The City of Menlo Park supports children and families in walking and bicycling to school through safety education, fun events, and traffic safety improvements around schools.

#### Learn more and get involved:

Alto International School: altoschool.org

City of Menlo Park Safe Routes to School: menlopark.org/saferoutestoschool

Parents for Safe Routes: parents4saferoutes.org

City Bike Map:

ccag.ca.gov/wp-content/uploads/2014/05/sm2.pdf



