



Menlo Park Senior Center Lunch Menu*

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
♥Oven Roasted Turkey With Stuffing Steamed Green Peas and Carrots, Roll Chef's Choice	Fish Burger Cole Slaw French Fries Fresh Fruit	♥Herb Roasted Chicken Collard Greens Baked Potato Wedge Chef's Choice Dessert	♥Tuna Salad on Top of Greens Garlic Bread Churros	Shrimp Burritos Served with Pico De Gallo and Sour Cream Refried Beans, Fiesta Salad Fresh Fruit
10	11	12	13	14
Teriyaki Pork Tenderloin Sautee Vegetables Roasted Potato Chef's Choice Dessert	Beef Hearty Stew With Potato Seasonal Side Salad Butter Bread Peach Cobbler	Friendship Special Lunch Surf and Turf Scallop Potato Steam Greens Chef's Choice Dessert	GROCERY BOX DAY PICK UP A BOX OF FREE GROCERIES NO LUNCH SERVICE	STAFF TRAINING DAY NO LUNCH SERVICE
17	18	19	20	21
PRESIDENTS DAY SENIOR CENTER CLOSED	♥Chicken Club Salad Onion Bread Fresh Fruit	Corn meal Catfish Cheese Grits Collard Greens Southern Corn Muffin Chef's Dessert	Oven Fried Chicken Steamed Peas Oven Baked Potato Fresh Fruit	♥Grilled Shrimp Salad with Roasted Pumpkin Seed and Cranberry and Walnuts Chef's Choice
24	25	26	27	28
♥Pomegranate and Pumpkin Seed Chicken Salad Dinner Roll Chef's Choice Dessert	Turkey Chili Bowl Served with Corn Bread Side Salad Fresh Fruit	Grilled Turkey BLT Sandwich ♥Quinoa Salad Chef's Choice Dessert	GROCERY BOX DAY PICK UP A BOX OF FREE GROCERIES NO LUNCH SERVICE	Jolof Rice (Sausage and Shrimp Jambalaya) Smothered Chicken, Sautee Greens Chef's Dessert

* Menu items are subject to change ♥ = Healthy choice * All meals are first-come, first-served. Questions? Contact us: (650) 330-2280