



Menlo Park Senior Center Lunch Menu*

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Spaghetti with Meat Sauce Garlic Bread ♥Seasonal Mixed Green Salad Chef's Choice Dessert	Hamburger French Fries Cole Slaw Watermelon wedge	♥Pesto Chicken Sautee Vegetables Steamed Brown Rice Chef's Choice Dessert	♥Tuna Salad on Top of Greens Garlic Bread Churros	Hearty Beef Stew With Assorted Vegetables and Potato Chef's Choice Dessert
10	11	12	13	14
Old Fashion Meatloaf Mashed Potato ♥Steamed Greens Fresh Mixed Fruits	Minestrone Soup Turkey, Cheese, Veggie ♥Quiche Lorraine Side Salad Fresh Fruit	Chicken and Vegetable Chow Mein Egg Roll and Oriental Salad Chef's Choice Dessert	GROCERY BOX DAY NO LUNCH SERVICE	♥ Fresh Baked Salmon Sautee Mixed Vegetables Roasted Potato Chef's Choice Dessert
17	18	19	20	21
St Patrick's Day Irish Sausage Dog Sauerkraut, Side Salad Irish Potato Salad Chef's Choice Dessert	Oven Roasted Chicken Steamed Brown Rice Roasted Vegetables Fresh Fruit	Pepperoni Pizza Caesar Salad Watermelon Wedge	♥ Cranberry Walnut Chicken Salad Dinner Roll Chef's Choice Dessert	Beef Quesadilla Spanish Rice ♥ Fiesta Salad Chef's Choice Dessert
24	25	26	27	28
Shrimp Skewers Garlic Parsley Rice ♥Mixed Green Salad Watermelon Wedge	Teriyaki Pork Tenderloin Sautee Vegetable Baked Potato Side Salad Chef's Choice Dessert	Corned Beef Broiled Potato Steamed Cabbage and Carrots Spumoni Ice Cream	GROCERY BOX DAY NO LUNCH SERVICE	Swedish Meatball Parsley Garlic Noodles ♥ Steamed Greens Fresh Cut Fruit
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Chimichurri Chicken Sandwich Cole Slaw Chef's Choice Dessert				

* Menu items are subject to change ♥ = Healthy choice * All meals are first-come, first-served. Questions? Contact us: (650) 330-2280