



Menlo Park Senior Center Lunch Menu*

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WE WILL BE CLOSED ON LABOR DAY 	3 No Senior Programming, No Senior Lunch Served	4 No Senior Programming, No Senior Lunch Served	5 No Senior Programming, No Senior Lunch Served	6 No Senior Programming, No Senior Lunch Served	7
8	9 BBQ Pork Ribs BBQ Baked Beans Butter Corn Cole Slaw Watermelon Wedge	10 Tuna Salad On Top of Seasonal Mixed Salad Dinner Roll Chef Choice Dessert	11 Pesto Chicken Burgers Potato Wedge Side Salad Mixed Fruits	12 Free Grocery Distribution Day (No Hot Lunch or classes Today)	13 Senior Lunch will be TOGO ONLY starting at 12pm to 1230pm outside patio. Community Hall will be closed. *Turkey Sandwich*	14
15	16 Mexican Independence Day Celebration Special Event	17 Chicken Caesar Salad Garlic Bread Fruit Parfait	18 Shrimp Burrito Refried Beans Fresh Pico De Gallo Avocado & Sour Cream Churros	19 Old Fashion Meatloaf Mashed Potato's Steamed Greens Side Salad	20 Atlantic Salmon Steamed Brown Rice Sautee Mixed Vegetable Mixed Fruit Salad	21
22	23 Spaghetti with Meatball Marinara Garlic Bread Caesar Salad Watermelon Wedge	24 Tropical Teriyaki Steak Salad Onion Bread Chef Choice Dessert	25 Chicken Adobo Steamed Rice Sautee Mixed Vegetables Mixed Side Salad	26 Free Grocery Distribution Day (No Hot Lunch or classes Today)	27 Chimichurri Shrimp Kabob Roasted Vegetables Over Quinoa Salad Tres Leches Cake	28
29	30 Oven Roasted Chicken with Herbs Steamed Vegetables Garlic Rice Chef Choice Dessert					

*Menu items are subject to change

All Meals are first-come, first-served. Thank you!
Questions? Contact us: (650)330-2280