



# SPRING/SUMMER 2024 CATALOG

The City of Menlo Park hosts exceptional community classes at reasonable rates, including fitness, dance, sports, youth gymnastics, music, drama, art, youth summer camps, lifelong learning and more.

**Register: [menlopark.gov/activityguide](https://menlopark.gov/activityguide)**

Need help registering? No problem! City staff are available in person and by phone at recreation facilities to help.

**Phone: [650-330-2200](tel:650-330-2200)**

**Email: [registration@menlopark.gov](mailto:registration@menlopark.gov)**

**Web: [menlopark.gov/feedback](https://menlopark.gov/feedback)**



# Summer camps and education - Youth

SPRING/SUMMER 2024  
CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7464	Arts and Crafts Camps	Slimetopia 2	Calling all young artists and imaginative minds! Get set for an unforgettable adventure in the art world at our Arts and Crafts Camp. Let your inner Picasso roam free! This summer, explore creative wonders from sand to salt painting, finger to hand painting, and even car, vegetable, and rice painting. Craft mesmerizing masterpieces that'll leave everyone amazed. Are you ready to discover your artistic genius? Don't miss this chance to have fun, learn, and let your creativity shine at our artsy summer camp!	Jun 17, 2024 - Jun 21, 2024	01:00PM - 04:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$375.00; Non-Resident Program Fee: \$506.00	05 Y	012 Y
7460	Arts and Crafts Camps	Craftopia Camp	Calling all young artists and imaginative minds! Get set for an unforgettable adventure in the art world at our Arts and Crafts Camp. Let your inner Picasso roam free! This summer, explore creative wonders from sand to salt painting, finger to hand painting, and even car, vegetable, and rice painting. Craft mesmerizing masterpieces that'll leave everyone amazed. Are you ready to discover your artistic genius? Don't miss this chance to have fun, learn, and let your creativity shine at our artsy summer camp!	Jun 17, 2024 - Jun 21, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	03 Y	005 Y
7534	Arts and Crafts Camps	Animal Island Camp	Join us for an exciting island expedition where you and your pals will take a journey through the Animal Kingdom. Dive into the captivating world of diverse habitats, including oceans, rainforests, farms, and the realms of birds and reptiles. Along the way, you'll have the chance to explore various sensory bins and unleash your creativity through arts and crafts. Prepare for an incredibly thrilling adventure at Challenge Island's Animal Island!	Jun 24, 2024 - Jun 28, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$350.00; Non-Resident Program Fee: \$473.00	03 Y	005 Y
7542	Arts and Crafts Camps	Slimetopia 3 Chefs on Deck	Prepare to stir up the most delicious-looking slime recipes on the Seven Seas! You and your STEAM Team have been chosen to be slime sous chefs on the S.S. Slimetopia cruise ship and it's up to you to "feed" the slime hungry passengers morning, noon and night! You'll mix up Belgian Waffle Slime, Hamburger and French Fries Slime, and Ice Cream Sundae Slime just to name a few. Slimetopia 3 is sure is sure to sell out in a squishy, squashy splash, so book your cruise cabin ooey, gooey fast! Note: Although the slimes in this camp may look and smell yummy, they are for playing not for tasting!	Jul 01, 2024 - Jul 05, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$506.00; Resident Program Fee: \$375.00	05 Y	012 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7546	Arts and Crafts Camps	Craftopia Camp	Calling all young artists and imaginative minds! Get set for an unforgettable adventure in the art world at our Arts and Crafts Camp. Let your inner Picasso roam free! This summer, explore creative wonders from sand to salt painting, finger to hand painting, and even car, vegetable, and rice painting. Craft mesmerizing masterpieces that'll leave everyone amazed. Are you ready to discover your artistic genius? Don't miss this chance to have fun, learn, and let your creativity shine at our artsy summer camp!	Jul 15, 2024 - Jul 19, 2024	09:00AM - 12:00PM	Every day		Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00		
7536	Arts and Crafts Camps	Slimetopia 3 Chefs on Deck	Prepare to stir up the most delicious-looking slime recipes on the Seven Seas! You and your STEAM Team have been chosen to be slime sous chefs on the S.S. Slimetopia cruise ship and it's up to you to "feed" the slime hungry passengers morning, noon and night! You'll mix up Belgian Waffle Slime, Hamburger and French Fries Slime, and Ice Cream Sundae Slime just to name a few. Slimetopia 3 is sure is sure to sell out in a squishy, squashy splash, so book your cruise cabin ooey, gooey fast! Note: Although the slimes in this camp may look and smell yummy, they are for playing not for tasting!	Jul 29, 2024 - Aug 02, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$506.00; Resident Program Fee: \$375.00	05 Y	012 Y
7448	Arts and Crafts Camps	Kids Carpentry (5-12)	Kids learn to safely use hand woodworking tools to build an ever-increasing range of projects as their skills increase. Instructor will show kids how to build an age appropriate project, then let them do it, helping as necessary.	Aug 05, 2024 - Aug 09, 2024	01:00PM - 04:00PM	Every day	John Tust	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$546.00; Resident Program Fee: \$420.00	05 Y	012 Y
7447	Arts and Crafts Camps	Kids Carpentry (5-12)	Kids learn to safely use hand woodworking tools to build an ever-increasing range of projects as their skills increase. Instructor will show kids how to build an age appropriate project, then let them do it, helping as necessary.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 12:00PM	Every day	John Tust	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$546.00; Resident Program Fee: \$420.00	05 Y	012 Y
7541	Arts and Crafts Camps	Slimetopia 2: Total Slime Takeover	In this bestselling Slimetopia sequel, the world is being taken over by slime! You and a crew of STEAM Teammates will ooze with excitement as you design your own Slimeliner Jet and fly to a different slimey continent every day. You'll mix up a amazing array of internationally-inspired slimes from Italian Pizza Slime to Ghana Chocolate Slime to Pacific Ring of Fire Slime to a world of other slimes in between. This squishy, squashy, sensational slime adventure is sure to sell out in a flash, so book your Slimetopia Airlines ticket today!	Aug 12, 2024 - Aug 16, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$375.00; Non-Resident Program Fee: \$506.00	05 Y	012 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7213	Camp Menlo Summer Camp (Grades 3-5)	Session 1: Circus Circus	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on June 19, 2024	Jun 17, 2024 - Jun 28, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Resident: \$170.00; Child Care Full Day - Non-Resident: \$207.00	07 Y 09 Mos	011 Y
7214	Camp Menlo Summer Camp (Grades 3-5)	Session 2: Wet & Wild Adventures	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on July 4, 2024	Jul 01, 2024 - Jul 12, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Non-Resident: \$207.00; Child Care Full Day - Resident: \$170.00	08 Y	011 Y
7215	Camp Menlo Summer Camp (Grades 3-5)	Session 3: Sports Extravaganza	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks.	Jul 15, 2024 - Jul 26, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Non-Resident: \$207.00; Child Care Full Day - Resident: \$170.00	08 Y	011 Y
7216	Camp Menlo Summer Camp (Grades 3-5)	Session 4: Adventure Quest	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks.	Jul 29, 2024 - Aug 09, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Resident: \$170.00; Child Care Full Day - Non-Resident: \$207.00	08 Y	011 Y
7218	Camp Menlo Summer Camp (Grades K-2)	Session 2: Wet & Wild Adventures	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on July 4, 2024.	Jul 01, 2024 - Jul 12, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Resident: \$170.00; Child Care Full Day - Non-Resident: \$207.00;	05 Y	007 Y
7217	Camp Menlo Summer Camp (Grades K-2)	Session 1: Circus Circus	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on June 19, 2024	Jun 17, 2024 - Jun 28, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Non-Resident: \$207.00; Child Care Full Day - Resident: \$170.00	05 Y	007 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7219	Camp Menlo Summer Camp (Grades K-2)	Session 3: Sports Extravaganza	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks.	Jul 15, 2024 - Jul 26, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Resident: \$170.00; Child Care Full Day - Non-Resident: \$207.00	05 Y	007 Y
7220	Camp Menlo Summer Camp (Grades K-2)	Session 4: Adventure Quest	Camp Menlo is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. Questions? Email: MAMonje@menlopark.gov Call: 650-330-2297	Jul 29, 2024 - Aug 09, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Belle Haven Youth Center	Child Care Full Day - Resident: \$170.00; Child Care Full Day - Non-Resident: \$207.00	05 Y	007 Y
7230	Menlo Mania Camps - Mini Mania (Grades K-2)	Session 1: Circus Circus	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on June 19, 2024	Jun 17, 2024 - Jun 28, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Resident: \$576.90; Child Care Full Day - Non-Resident: \$778.50;	04 Y 09 Mos	007 Y
7223	Menlo Mania Camps - Mini Mania (Grades K-2)	Session 2: Wet & Wild Adventures	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on July 4, 2024 Camp Location: 801 Laurel St, Menlo Park Questions? Email: SJChaw@menlopark.gov Call: 650-330-2249	Jul 01, 2024 - Jul 12, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Non-Resident: \$778.50; Child Care Full Day - Resident: \$576.90	04 Y 09 Mos	007 Y
7224	Menlo Mania Camps - Mini Mania (Grades K-2)	Session 3: Sport Extravaganza	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. Camp Location: 801 Laurel St, Menlo Park Questions? Email: SJChaw@menlopark.gov Call: 650-330-2249	Jul 15, 2024 - Jul 26, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Resident: \$641.00; Child Care Full Day - Non-Resident: \$865.00;	04 Y 09 Mos	007 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7225	Menlo Mania Camps - Mini Mania (Grades K-2)	Session 4: Adventure Quest	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. Camp Location: 801 Laurel St, Menlo Park Questions? Email: SJChaw@menlopark.gov Call: 650-330-2249	Jul 29, 2024 - Aug 09, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Non-Resident: \$865.00; Child Care Full Day - Resident: \$641.00	04 Y 09 Mos	007 Y
7226	Menlo Mania Camps (Grades 3-5)	Session 1: Circus Circus	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on June 19, 2024 Camp Location: 801 Laurel St, Menlo Park	Jun 17, 2024 - Jun 28, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Non-Resident: \$608.40 Child Care Full Day - Resident: \$450.90	07 Y 09 Mos	011 Y
7227	Menlo Mania Camps (Grades 3-5)	Session 2: Wet & Wild Adventures	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks. No class on July 4, 2024	Jul 01, 2024 - Jul 12, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Non-Resident: \$608.40; Child Care Full Day - Resident: \$450.90;	07 Y 09 Mos	011 Y
7228	Menlo Mania Camps (Grades 3-5)	Session 3: Sports Extravaganza	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks.	Jul 15, 2024 - Jul 26, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Resident: \$501.00; Child Care Full Day - Non-Resident: \$676.00	07 Y 09 Mos	011 Y
7229	Menlo Mania Camps (Grades 3-5)	Session 4: Adventure Quest	Menlo Mania is a recreational summer camp filled with activities that promote STEAM, literacy, social and physical development. Campers are offered a wide variety of activities including arts and crafts, cooking, indoor/outdoor sports, recreational swimming, themed events, weekly field trips and weekly special guests. Each camp session is two weeks.	Jul 29, 2024 - Aug 09, 2024	08:00AM - 05:30PM	Every Mon, Tue, Wed, Thu, Fri	City of Menlo Park Staff	Menlo Children's Center	Child Care Full Day - Resident: \$501.00; Child Care Full Day - Non-Resident: \$676.00	07 Y 09 Mos	011 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7442	Performing Arts and Dance Camps	Dance Expressions Tropical Princesses and Magical Mermaids	Dancers will have a splashing good time as they kick up the sand and bring magical adventures to life! Your island cuties will join Moana as they set out on a sunny adventure around the islands as well as a chance to dip their toes in the turquoise waters and splash around with Ariel and her underwater friends! Each day we will work on the basics of ballet and jazz, explore creative movement, do a daily arts and crafts project, and have outdoor fun! On the final day, family and friends are invited to an end-of-the-week performance held on Friday at 2:30. A \$20 materials fee due on the first day of camp.	Jun 24, 2024 - Jun 28, 2024	01:00PM - 04:00PM	Every day	Maryanne Fernandez	Arrillaga Family Recreation Center	Resident Program Fee: \$366.00; Non-Resident Program Fee: \$487.00	04 Y	007 Y
7443	Performing Arts and Dance Camps	Dance Expressions Ice Princess Camp	Join us for a week of FROZEN adventures! Campers will dance and sing their way through an icy kingdom locked in perpetual winter as they join Ana, Elsa and the rest of the princesses for a week in a winter wonderland! Each day we will work on the basics of ballet and jazz, explore creative movement, do a daily arts and crafts project, and have outdoor fun! On the final day, family and friends are invited to an end-of-the-week performance held on Friday at 2:30.	Jul 08, 2024 - Jul 12, 2024	01:00PM - 04:00PM	Every day	Maryanne Fernandez	Arrillaga Family Recreation Center	Resident Program Fee: \$366.00; Non-Resident Program Fee: \$487.00	04 Y	007 Y
7444	Performing Arts and Dance Camps	Dance Expressions Rainbows, Sparkles, and Unicorns	Let your dancer's dreams and wishes come true! Dancers will climb the sparkly rainbow and soar through the Cotton Candy Clouds on their magical unicorns as they meet some of their favorite princesses along the way! Each day we will work on the basics of ballet and jazz, explore creative movement, do a daily arts and crafts project, and have outdoor fun! On the final day, family and friends are invited to an end-of-the-week performance held on Friday at 2:30.	Jul 22, 2024 - Jul 26, 2024	01:00PM - 04:00PM	Every day	Maryanne Fernandez	Arrillaga Family Recreation Center	Resident Program Fee: \$366.00; Non-Resident Program Fee: \$487.00	04 Y	007 Y
7445	Performing Arts and Dance Camps	Dance Expressions Summer Dance Camp	Join us for dance camp at Dance Expressions this summer! Each camp is designed to be full of high-energy fun that dancers, from beginning to advanced, won't want to miss out on! Dancers will have the chance to work on their technique, flexibility, leaps, turns and so much more! Students will be grouped according to age and ability. Dancers will be exposed to the many styles of Jazz and each week will end with a performance for family and friends on Friday at 4:00.	Aug 05, 2024 - Aug 09, 2024	02:00PM - 05:30PM	Every day	Maryanne Fernandez	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$472.00; Resident Program Fee: \$351.00	08 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7543	Special Interest Summer Camps	Island Doll Camp	Rollerblade on down to the dreamiest, STEAMiest camp in town. You and a STEAM Team of friends will help design and deck out our Island Doll Land complete with cool convertibles, pink waterslides and seriously stylin' Island Doll STEAM houses! You'll bring Downtown to life with your own doll-inspired businesses, spend a day in the sun at the Island Doll Beach and Boardwalk, camp out under the stars in your own Island Doll Treehouse, and take to slopes at Island Doll Ski Resort. Bring an eye for design, a taste for adventure, and your favorite 11.5-inch fashionable friend to this blockbuster Challenge Island camp!	Jul 01, 2024 - Jul 05, 2024	01:00PM - 04:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$280.00; Non-Resident Program Fee: \$378.40	05 Y	012 Y
7449	Special Interest Summer Camps	Minecraft Engineering with LEGO Materials	Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO with a trained Play-Well instructor.	Jul 01, 2024 - Jul 03, 2024	09:00AM - 12:00PM	Every day	Play-Well TEKnologies Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$211.00; Resident Program Fee: \$156.00	05 Y	010 Y
7545	Special Interest Summer Camps	Arcade Mania Camp	This Kids-Choice Challenge Island adventure puts a 100% Screen-Free STEAM twist on popular video games from designing your own STEAMio Carts to building Fort Island shelters to adopting adorable Island Blox pets to taking on the freezing and fiery biomes of Mine Island to creating retro-Inspired games like Space Aliens Arcade. You and your STEAM Team will swap game consoles for creativity and joysticks for ingenuity and imagination as you take on Islands of STEAM challenges created with game-loving kids in mind!	Jul 08, 2024 - Jul 12, 2024	01:00PM - 04:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	05 Y	012 Y
7544	Special Interest Summer Camps	Mission Space Camp	Calling all space explorers! You and your STEAM Team of astronauts will embark on an unforgettable journey through space in search of a stellar new intergalactic vacation destination. This camp will whisk you away on a voyage of discovery through our galaxy and beyond. Your mission? Choose a perfect new planet for you to design and build an out-of this world space resort where humans can live, thrive and play all day! Can you convince everyone on Earth to jump into a rocket and vacation on your new planet? This camp promises to be an absolute blast, so reserve your spot on the spaceship today!	Jul 08, 2024 - Jul 12, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	05 Y	012 Y





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7547	Special Interest Summer Camps	Steam-Warts	Welcome to STEAMwarts Academy of Wizards, Spells and Potions! You'll design your own wand and wizarding gear and be sorted into your perfect STEAM house. You'll take on a full load of wizarding classes from Transfiguration to Flying Broomsticks to Magical Beasts. You'll mix up spellbinding potions, cast enchanting spells and make your own flying dragon. Camp will culminate with an enchanted graduation ceremony complete with butter beer and diplomas. STEAMwarts spots are sure to disappear like magic, so reserve yours today!	Jul 15, 2024 - Jul 19, 2024	01:00PM - 04:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	05 Y	012 Y
7535	Special Interest Summer Camps	Xtreme Steam Sports Camp	An indoor camp with outdoor spirit, our this sporty adventure scores big with every All Star Kid! You and your STEAM Team will have a ball learning the science behind the world's most popular sports while engineering your way through stadiums full of sporting events: From football to NASCAR; from baseball to bobsledding from tennis to basketball to the Olympic Games. A winner every time, this sporty camp is a Challenge Island fan favorite!	Jul 22, 2024 - Jul 26, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	05 Y	012 Y
7537	Special Interest Summer Camps	Pets Palooza	Wag on over to the most PAWSOME camp in town! You and your STEAM Team will engineer a world created just for pets; From Pets Palooza Hotel Day to Having a Ball Day to Give a Dog a Bone Day. You'll even get to adopt adorable pretend pets of your own and create habitats to match their needs and personalities! This STEAMtastic camp gets two paws up and its a must for every pet-loving kind!	Jul 29, 2024 - Aug 02, 2024	01:00PM - 04:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$473.00; Resident Program Fee: \$350.00	05 Y	012 Y
7538	Special Interest Summer Camps	Island Doll Camp	Rollerblade on down to the dreamiest, STEAMiest camp in town. You and a STEAM Team of friends will help design and deck out our Island Doll Land complete with cool convertibles, pink waterslides and seriously stylin' Island Doll STEAM houses! You'll bring Downtown to life with your own doll-inspired businesses, spend a day in the sun at the Island Doll Beach and Boardwalk, camp out under the stars in your own Island Doll Treehouse, and take to slopes at Island Doll Ski Resort. Bring an eye for design, a taste for adventure, and your favorite 11.5-inch fashionable friend to this blockbuster Challenge Island camp!	Aug 05, 2024 - Aug 09, 2024	09:00AM - 12:00PM	Every day		Arrillaga Family Recreation Center	Resident Program Fee: \$350.00; Non-Resident Program Fee: \$473.00	05 Y	012 Y
7450	Special Interest Summer Camps	Transportation Engineering using LEGO Materials	Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO with a trained Play-Well instructor.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 12:00PM	Every day	Play-Well TEKnologes Staff	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$351.00; Resident Program Fee: \$260.00	05 Y	010 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7540	Special Interest Summer Camps	Craftopia Camp	Join us for an exciting island expedition where you and your pals will take a journey through the Animal Kingdom. Dive into the captivating world of diverse habitats, including oceans, rainforests, farms, and the realms of birds and reptiles. Along the way, you'll have the chance to explore various sensory bins and unleash your creativity through arts and crafts. Prepare for an incredibly thrilling adventure at Challenge Island's Animal Island!	Aug 12, 2024 - Aug 16, 2024	09:00AM - 12:00PM	Every day	Challenge Island Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$350.00; Non-Resident Program Fee: \$473.00	05 Y	012 Y
7489	Sports Camps	National Academy of Athletics (Basketball Camp)	This camp is designed to make you a better basketball player. The drills taught at this camp will help you improve your game. Come work on the core fundamentals of your game: footwork, passing, ball-handling and defense. Participants will enjoy fun challenges, games and daily competitions.	Jun 10, 2024 - Jun 14, 2024	09:00AM - 03:00PM	Every day	Missy Bradley-Palala	Arrillaga Family Gymnasium	Resident Program Fee: \$359.00; Non-Resident Program Fee: \$484.00	06 Y	013 Y
7475	Sports Camps	National Academy of Athletics (Jr Academy camp) Week 1	Jr. Academy uses FUN to teach problem solving skills and the beginning fundamentals for sports including: throwing, catching, kicking, running and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, individual competitions to develop and engage young athletes.	Jun 24, 2024 - Jun 28, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Kelly Park	Non-Resident Program Fee: \$376.00; Resident Program Fee: \$279.00	04 Y	006 Y
7474	Sports Camps	National Academy of Athletics (RSVP Camp)	This camp is designed to maximize your running form and improve your speed and power. Our coaches will work on the fundamental running techniques that will allow you to build your stamina, quickness and speed on the court or playing field. This program includes fitness, strength and agility drills, all designed in a fun and competitive atmosphere. Ages 8-13	Jun 24, 2024 - Jun 28, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Kelly Park	Resident Program Fee: \$279.00; Non-Resident Program Fee: \$376.00	08 Y	012 Y
7446	Sports Camps	Evolve Skate Camp (Week 1)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jun 24, 2024 - Jun 28, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Resident Program Fee: \$425.00; Non-Resident Program Fee: \$573.00	06 Y	015 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7394	Sports Camps	World Cup Soccer (Development Academy) Week 1	This camp is designed to develop players of ages 10 to 13. Most campers at our Development Academy have been playing soccer for 2-3 years or more. The camp format dedicates the morning session to technique training and developing skills that will help players perform at the next level. We emphasize games, strategies, and tactical understanding of match situations in the afternoon. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. Coaches will monitor progress and provide all players an evaluation report at the end of camp. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Jun 24, 2024 - Jun 28, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	10 Y	013 Y
7373	Sports Camps	World Cup Soccer (Junior Academy) Week 1	This camp is for players ages 5 to 6 and focuses on basic soccer skills and team concepts in a fun and nurturing atmosphere. We dedicate the morning session to playful games that teach all the fundamentals of soccer. The afternoons focus on small-sided matches that instill fun, passion and team work. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a diploma, and a camp memento	Jun 24, 2024 - Jun 28, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Half Day Price: \$259.00; Full Day Price: \$359.00	05 Y	006 Y
7370	Sports Camps	World Cup Soccer (Classic Skill Camp) Week 1	This camp is for players of all levels ages 7 to 9. Our coaches evaluate the campers on the first day of camp and group them according to their age and skill level. The Classic Skill Camp format dedicates the morning session to working on basic skills and soccer concepts, and the afternoon to teamwork and games. We create game situations that will allow campers to improve their skills while having a lot of fun. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Jun 24, 2024 - Jun 28, 2024	09:00AM - 03:00PM	Every day	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	07 Y	009 Y
7352	Sports Camps	Euro School of Tennis: Tennis Camp - Week 1	Don't spend your Summer break on the couch, get out and PLAY TENNIS! Serve love all summer break at tennis camp with Euro School of Tennis Day Camp! In our Tennis Camp every day you get a chance to learn some serious tennis skills, compete in a fun, safe environment with students at your level, and smash those balls right over the net again and again. It's the kind of fun you can only have on a tennis court, so don't miss out! No matter what your skill level, we have a group for you. Learn a new sport or improve your game. Either way, it's certain to make a fun-filled spring time experience you won't soon forget. Sign up TODAY!	Jun 24, 2024 - Jun 28, 2024	09:00AM - 12:00PM	Every Mon, Tue, Wed, Thu, Fri	Shipra Uttam	Willow Oaks Park	Resident Program Fee: \$553.00; Non-Resident Program Fee: \$745.00	06 Y	012 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7480	Sports Camps	National Academy of Athletics (Volleyball camp)	Our volleyball camps offer beginner to intermediate players the opportunity to build a solid volleyball foundation. Each day is filled with fundamental skill progression drills, easy to understand instruction, as well as games & competition.	Jul 01, 2024 - Jul 03, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Arrillaga Family Gymnasium	Non-Resident Program Fee: \$241.00; Resident Program Fee: \$179.00	08 Y	012 Y
7467	Sports Camps	Evolve Skate Camp (Week 2)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jul 01, 2024 - Jul 05, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Resident Program Fee: \$425.00; Non-Resident Program Fee: \$573.00	06 Y	015 Y
7532	Sports Camps	Euro School of Tennis: Tennis Camp - Week 2	Don't spend your Summer break on the couch, get out and PLAY TENNIS! Serve love all summer break at tennis camp with Euro School of Tennis Day Camp! In our Tennis Camp every day you get a chance to learn some serious tennis skills, compete in a fun, safe environment with students at your level, and smash those balls right over the net again and again. It's the kind of fun you can only have on a tennis court, so don't miss out! No matter what your skill level, we have a group for you. Learn a new sport or improve your game. Either way, it's certain to make a fun-filled spring time experience you won't soon forget. Sign up TODAY!	Jul 08, 2024 - Jul 12, 2024	09:00AM - 12:00PM	Every Mon, Tue, Wed, Thu, Fri	Shipra Uttam	Willow Oaks Park	Non-Resident Program Fee: \$745.00; Resident Program Fee: \$553.00	06 Y	012 Y
7487	Sports Camps	National Academy of Athletics (All Sports Camp) Week 2	A great way to introduce your youngsters to the world of sports, teamwork and athletics! Your child will have a blast playing games with the other children that may include: Wiffle ball, basketball, soccer, flag football, capture the flag, dodge ball and a whole lot more	Jul 08, 2024 - Jul 12, 2024	09:00AM - 03:00PM	Every day	Missy Bradley-Palala	Kelly Park	Non-Resident Program Fee: \$484.00; Resident Program Fee: \$359.00	07 Y	012 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7468	Sports Camps	Evolve Skate Camp (Week 3)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jul 08, 2024 - Jul 12, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Non-Resident Program Fee: \$573.00; Resident Program Fee: \$425.00	06 Y	015 Y
7529	Sports Camps	World Cup Soccer (Classic Skills Camp ) Week 2	This camp is for players of all levels ages 7 to 9. Our coaches evaluate the campers on the first day of camp and group them according to their age and skill level. The Classic Skill Camp format dedicates the morning session to working on basic skills and soccer concepts, and the afternoon to teamwork and games. We create game situations that will allow campers to improve their skills while having a lot of fun. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	07 Y	009 Y
7528	Sports Camps	World Cup Soccer (Junior Academy ) Week 2	This camp is for players ages 5 to 6 and focuses on basic soccer skills and team concepts in a fun and nurturing atmosphere. We dedicate the morning session to playful games that teach all the fundamentals of soccer. The afternoons focus on small-sided matches that instill fun, passion and team work. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a diploma, and a camp memento.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	05 Y	006 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7491	Sports Camps	World Cup Soccer (Development Academy ) Week 3	This camp is designed to develop players of ages 10 to 13. Most campers at our Development Academy have been playing soccer for 2-3 years or more. The camp format dedicates the morning session to technique training and developing skills that will help players perform at the next level. We emphasize games, strategies, and tactical understanding of match situations in the afternoon. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. Coaches will monitor progress and provide all players an evaluation report at the end of camp. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	10 Y	013 Y
7486	Sports Camps	National Academy of Athletics (All Sports Camp) Week 1	A great way to introduce your youngsters to the world of sports, teamwork and athletics! Your child will have a blast playing games with the other children that may include: Wiffle ball, basketball, soccer, flag football, capture the flag, dodge ball and a whole lot more	Jun 17, 2024 - Jun 21, 2024	09:00AM - 03:00PM	Every day	Missy Bradley-Palala	Kelly Park	Resident Program Fee: \$359.00; Non-Resident Program Fee: \$484.00	07 Y	012 Y
7481	Sports Camps	National Academy of Athletics (Flag Football Camp)	Ready to play some football? The drills taught at this camp will help you improve your game. Emphasis will be on proper conditioning and warm-ups, footwork drills, agility, passing, receiving, and game strategies.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Kelly Park	Non-Resident Program Fee: \$376.00; Resident Program Fee: \$279.00	08 Y	013 Y
7478	Sports Camps	National Academy of Athletics (Jr Academy camp) Week 2	Jr. Academy uses FUN to teach problem solving skills and the beginning fundamentals for sports including: throwing, catching, kicking, running and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, individual competitions to develop and engage young athletes.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Kelly Park	Resident Program Fee: \$279.00; Non-Resident Program Fee: \$376.00	04 Y	006 Y
7469	Sports Camps	Evolve Skate Camp (Week 4)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Non-Resident Program Fee: \$573.00; Resident Program Fee: \$425.00	06 Y	015 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7372	Sports Camps	World Cup Soccer (Development Academy ) Week 2	This camp is designed to develop players of ages 10 to 13. Most campers at our Development Academy have been playing soccer for 2-3 years or more. The camp format dedicates the morning session to technique training and developing skills that will help players perform at the next level. We emphasize games, strategies, and tactical understanding of match situations in the afternoon. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. Coaches will monitor progress and provide all players an evaluation report at the end of camp. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Jul 15, 2024 - Jul 19, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Full Day Price: \$359.00; Half Day Price: \$259.00	10 Y	013 Y
7533	Sports Camps	Euro School of Tennis: Tennis Camp - Week 3	Don't spend your Summer break on the couch, get out and PLAY TENNIS! Serve love all summer break at tennis camp with Euro School of Tennis Day Camp! In our Tennis Camp every day you get a chance to learn some serious tennis skills, compete in a fun, safe environment with students at your level, and smash those balls right over the net again and again. It's the kind of fun you can only have on a tennis court, so don't miss out! No matter what your skill level, we have a group for you. Learn a new sport or improve your game. Either way, it's certain to make a fun-filled spring time experience you won't soon forget. Sign up TODAY!	Jul 22, 2024 - Jul 26, 2024	09:00AM - 12:00PM	Every Mon, Tue, Wed, Thu, Fri	Shipra Uttam	Willow Oaks Park	Resident Program Fee: \$553.00; Non-Resident Program Fee: \$745.00	06 Y	012 Y
7488	Sports Camps	National Academy of Athletics (All Sports Camp) Week 3	A great way to introduce your youngsters to the world of sports, teamwork and athletics! Your child will have a blast playing games with the other children that may include: Wiffle ball, basketball, soccer, flag football, capture the flag, dodge ball and a whole lot more	Jul 22, 2024 - Jul 26, 2024	09:00AM - 03:00PM	Every day	Missy Bradley-Palala	Kelly Park	Resident Program Fee: \$359.00; Non-Resident Program Fee: \$484.00	07 Y	012 Y
7470	Sports Camps	Evolve Skate Camp (Week 5)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jul 22, 2024 - Jul 26, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Resident Program Fee: \$425.00; Non-Resident Program Fee: \$573.00	06 Y	015 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7479	Sports Camps	National Academy of Athletics (Jr Academy camp) Week 3	Jr. Academy uses FUN to teach problem solving skills and the beginning fundamentals for sports including: throwing, catching, kicking, running and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, individual competitions to develop and engage young athletes.	Jul 29, 2024 - Aug 02, 2024	09:00AM - 12:00PM	Every day	Missy Bradley-Palala	Kelly Park	Non-Resident Program Fee: \$376.00; Resident Program Fee: \$279.00	04 Y	006 Y
7471	Sports Camps	Evolve Skate Camp (Week 6)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Jul 29, 2024 - Aug 02, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Resident Program Fee: \$425.00; Non-Resident Program Fee: \$573.00	06 Y	015 Y
7531	Sports Camps	World Cup Soccer (Classic Skills Camp ) Week 3	This camp is for players of all levels ages 7 to 9. Our coaches evaluate the campers on the first day of camp and group them according to their age and skill level. The Classic Skill Camp format dedicates the morning session to working on basic skills and soccer concepts, and the afternoon to teamwork and games. We create game situations that will allow campers to improve their skills while having a lot of fun. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a player's evaluation, and a camp memento.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Half Day Price: \$295.00; Full Day Price: \$359.00	07 Y	009 Y
7530	Sports Camps	World Cup Soccer (Junior Academy ) Week 3	This camp is for players ages 5 to 6 and focuses on basic soccer skills and team concepts in a fun and nurturing atmosphere. We dedicate the morning session to playful games that teach all the fundamentals of soccer. The afternoons focus on small-sided matches that instill fun, passion and team work. Our coaches are well trained and will provide a camp that is fun and challenging at every level of play. To ensure proper training our coach to player ratio is 1 to 12 or less. All fees include a World Cup Soccer Camp T-shirt, a diploma, and a camp memento.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	World Cup Soccer	Jack W. Lyle Park	Half Day Price: \$295.00; Full Day Price: \$359.00	05 Y	006 Y





# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7472	Sports Camps	Evolve Skate Camp (Week 7)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Non-Resident Program Fee: \$573.00; Resident Program Fee: \$425.00	06 Y	015 Y
7363	Sports Camps	Hi-Five Sports: Back to School Summer Camp - Week 1	Hi-Five Summer Camp at Burgess Park will focus on the core team sports- basketball, football, soccer, baseball, and hockey. A ton of games that everyone knows and loves will also be included such as dodge ball and capture the flag, to name a few. This camp will be sure to leave your child wanting more. We focus on sportsmanship and having fun at all times through sport!! Campers must bring their own lunch and a water bottle.	Aug 05, 2024 - Aug 09, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri		Burgess Community Park	Non-Resident Program Fee: \$540.00; Resident Program Fee: \$400.00	03 Y	012 Y
7490	Sports Camps	National Academy of Athletics (Basketball Camp)	This camp is designed to make you a better basketball player. The drills taught at this camp will help you improve your game. Come work on the core fundamentals of your game: footwork, passing, ball-handling and defense. Participants will enjoy fun challenges, games and daily competitions.	Aug 12, 2024 - Aug 16, 2024	09:00AM - 03:00PM	Every day	Missy Bradley-Palala	Arrillaga Family Gymnasium	Non-Resident Program Fee: \$484.00; Resident Program Fee: \$359.00	06 Y	013 Y
7473	Sports Camps	Evolve Skate Camp (Week 8)	Our camp focuses on improving campers' fundamental physical skills like balance and coordination, while finding their style on their skateboards and scooters. Our staff of instructors are seasoned skateboard and scooter riders with experience teaching both sports in a safe, fun way. Campers are given time to master tricks and challenge themselves to learn and develop. Our coaches are on hand every step of the way to help correct flaws and accelerate learning. Campers also participate in traditional camp programming and other sports daily, so they get a well-rounded summer experience. It is required that campers bring their own Skateboard or Scooter, an approved CSA helmet, elbow pads, wrist guards and knee pads.	Aug 12, 2024 - Aug 16, 2024	09:00AM - 04:00PM	Every Mon, Tue, Wed, Thu, Fri	Evolve Skate Staff	Skate Park	Resident Program Fee: \$425.00; Non-Resident Program Fee: \$573.00	06 Y	015 Y



# Summer camps and education - Youth

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7364	Sports Camps	Hi-Five Sports: Back to School Summer Camp - Week 2	Hi-Five Summer Camp at Burgess Park will focus on the core team sports- basketball, football, soccer, baseball, and hockey. A ton of games that everyone knows and loves will also be included such as dodge ball and capture the flag, to name a few. This camp will be sure to leave your child wanting more. We focus on sportsmanship and having fun at all times through sport!! Campers must bring their own lunch and a water bottle.	Aug 12, 2024 - Aug 16, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	Joe Ram	Burgess Community Park	Resident Program Fee: \$480.00; Non-Resident Program Fee: \$648.00	03 Y	012 Y
7365	Sports Camps	Hi-Five Sports: Back to School Summer Camp - Week 3	Hi-Five Summer Camp at Burgess Park will focus on the core team sports- basketball, football, soccer, baseball, and hockey. A ton of games that everyone knows and loves will also be included such as dodge ball and capture the flag, to name a few. This camp will be sure to leave your child wanting more. We focus on sportsmanship and having fun at all times through sport!! Campers must bring their own lunch and a water bottle.	Aug 19, 2024 - Aug 23, 2024	09:00AM - 03:00PM	Every Mon, Tue, Wed, Thu, Fri	Joe Ram	Burgess Community Park	Resident Program Fee: \$480.00; Non-Resident Program Fee: \$648.00	03 Y	012 Y



# Gymnastics - Youth - Spring season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7989	Aerial Silks Level 1C	Aerial Silks Level 1C (Spring Season)	Ability test for Level 1 on 1st day of class required for admission to class. Students will continue to expand their skills on the aerial silk apparatus learning new climbs and drops. The skills learned will be used to develop a performance quality routine that can be shown in the Spring showcase in May.	Apr 04, 2024 - Jun 06, 2024	04:30PM - 05:30PM	Every Thu	Soo Hom	Arrillaga Family Gymnastics Center	Resident Program Fee: \$370.00; Non-Resident Program Fee: \$460.00	08 Y	
7990	Aerial Silks Level 2	Aerial Silks Level 2 (Spring Season)	Students must have completed Aerial Silks Level 1 or approved by the instructor. Students will be progressing beyond Level 1 skills to develop a performance quality routine that can be shown in the Spring showcase in May	Apr 04, 2024 - Jun 06, 2024	05:45PM - 07:00PM	Every Thu	Soo Hom	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$516.00; Resident Program Fee: \$415.00	08 Y	
7991	Aerial Static trapeze	Static trapeze (Spring Season)	Beginners will learn the basics of static trapeze. Students with the basic skills will continue to expand their repertoire and learn to sequence these moves. Basic and advance instructions on static trapeze and partner acrobatics will be taught. Advance students will develop a performance quality routine that can be shown in the Spring showcase in May.	Apr 06, 2024 - Jun 08, 2024	12:30PM - 01:45PM	Every Sat	Soo Hom	Arrillaga Family Gymnastics Center	Resident Program Fee: \$405.00; Non-Resident Program Fee: \$506.43	08 Y	
7879	Exploration Through Movement	Exploration through movement (Spring Season)	A caregiver and child participation class, for children unable to be mainstreamed into a regular class due to physical or learning differences. Exploration through movement is a loosely structured class designed for children and their caregivers to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to help your child learn how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	04:00PM - 04:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	05 Y	
8004	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	12 Mos	003 Y



# Gymnastics - Youth - Spring season

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CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7778	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	12 Mos	003 Y
7777	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	12 Mos	003 Y
7776	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	12 Mos	003 Y
7775	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	12 Mos	003 Y
7774	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	12 Mos	003 Y



# Gymnastics - Youth - Spring season

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CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7773	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	12 Mos	003 Y
7772	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	12 Mos	003 Y
7771	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	12 Mos	003 Y
7770	Kindergym	Kindergym (Spring Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	12 Mos	003 Y



# Gymnastics - Youth - Spring season

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CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7786	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	02 Y 06 Mos	004 Y
7785	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	02 Y 06 Mos	004 Y
7784	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	02 Y 06 Mos	004 Y
7783	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	02 Y 06 Mos	004 Y



# Gymnastics - Youth - Spring season

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CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7782	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	02 Y 06 Mos	004 Y
7781	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	02 Y 06 Mos	004 Y
7780	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	02 Y 06 Mos	004 Y
7779	Kinderstars	Kinderstars (Spring Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	02 Y 06 Mos	004 Y
8005	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	04:00PM - 04:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	



# Gymnastics - Youth - Spring season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7864	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	02:00PM - 02:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7863	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7862	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	
7861	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	06:00PM - 06:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7860	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	
7859	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	





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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7858	Level A Boys	Level A Boys (Spring Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	
7852	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	04:00PM - 04:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	010 Y 00 Mos
7851	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	03:00PM - 03:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	010 Y 00 Mos
7850	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	02:00PM - 02:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7849	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	010 Y 00 Mos
7848	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	04:00PM - 04:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	010 Y 00 Mos



# Gymnastics - Youth - Spring season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7847	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	010 Y 00 Mos
7846	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	06:00PM - 06:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7845	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7844	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	010 Y 00 Mos
7843	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	06:00PM - 06:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	010 Y 00 Mos
7842	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	05:00PM - 05:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	010 Y 00 Mos



# Gymnastics - Youth - Spring season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7827	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Spring Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	010 Y 00 Mos
7857	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Spring Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	02:00PM - 02:50PM	Every Sat		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	09 Y	
7855	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Spring Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	07:00PM - 07:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	09 Y	
7854	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Spring Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	07:00PM - 07:50PM	Every Tue		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	09 Y	
7877	Level B Boys	Level B Boys (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. Boys classes will be working more strength on parallel bars, rings and the single bar; cartwheels, round offs, handstands and different types of rolls; mushroom and pommel horse drills; and vaulting. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	04:00PM - 04:50PM	Every Fri		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	
7876	Level B Boys	Level B Boys (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. Boys classes will be working more strength on parallel bars, rings and the single bar; cartwheels, round offs, handstands and different types of rolls; mushroom and pommel horse drills; and vaulting. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	05:00PM - 05:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	



# Gymnastics - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8003	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	
7996	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	
7871	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	03:00PM - 03:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7870	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	
7869	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	04:00PM - 04:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	



# Gymnastics - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7868	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	07:00PM - 07:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	
7867	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	05:00PM - 05:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7866	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	06:00PM - 06:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	
7865	Level B Girls	Level B Girls (Spring Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	05:00PM - 05:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	
7875	Level C Girls	Level C Girls (Spring Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	04:00PM - 04:50PM	Every Sat		Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	06 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7874	Level C Girls	Level C Girls (Spring Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	06:00PM - 06:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	06 Y	
7873	Level C Girls	Level C Girls (Spring Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	07:00PM - 07:50PM	Every Tue		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	06 Y	
7872	Level C Girls	Level C Girls (Spring Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	06:00PM - 06:50PM	Every Tue		Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	06 Y	
8220	Level D Girls	Level D Girls (Spring Season)	Advanced level of Gymnastics. You must pass our Level C class in order to be eligible for this class. Our most advanced recreational class, that will be working on skills such as back handsprings and roundoffs on the floor. Conditioning will be used to develop gymnast's strength and shapes for skills such as kips, casts, and front hip circles. More difficult skills will be worked on the balance beam such as handstands and cartwheels. You must have instructors' approval to move into this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	07:00PM - 07:50PM	Every Thu		Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	07 Y	
8218	Level D Girls	Level D Girls (Spring Season)	Advanced level of Gymnastics. You must pass our Level C class in order to be eligible for this class. Our most advanced recreational class, that will be working on skills such as back handsprings and roundoffs on the floor. Conditioning will be used to develop gymnast's strength and shapes for skills such as kips, casts, and front hip circles. More difficult skills will be worked on the balance beam such as handstands and cartwheels. You must have instructors' approval to move into this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	03:00PM - 03:50PM	Every Sat		Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	07 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7883	Menlo Childrens Center Gymnastics	MCC Bigs (Spring Season)	This class is only for the MCC Bigs class, children must attend with their class and teacher. MCC Bigs is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed.	Apr 05, 2024 - Jun 07, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$90.00; Resident Program Fee: \$72.00		
7882	Menlo Childrens Center Gymnastics	MCC Middles (Spring Season)	This class is only for the MCC Middles class, children must attend with their class and teacher. MCC Middles is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed.	Apr 03, 2024 - Jun 05, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$100.00; Resident Program Fee: \$80.00		
7881	Menlo Childrens Center Gymnastics	MCC Littles Gymnastics (Spring Season)	This class is only for the MCC Littles class, children must attend with their class and teacher. MCC Littles is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed.	Apr 03, 2024 - Jun 05, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$100.00; Resident Program Fee: \$80.00		
8001	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y
7998	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7997	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y
7993	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	04 Y	005 Y
7814	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y
7813	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	04 Y	005 Y
7811	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	04 Y	005 Y





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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7810	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	04 Y	005 Y
7809	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	04 Y	005 Y
7808	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	04 Y	005 Y
7807	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	04 Y	005 Y
7806	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7805	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y
7804	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	04 Y	005 Y
7803	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	04 Y	005 Y
7802	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	04 Y	005 Y
7801	MiniStars	MiniStars (Spring Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	04 Y	005 Y



# Gymnastics - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8002	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7999	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7994	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y
7800	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7799	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7798	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y
7797	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y
7796	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	03 Y	004 Y
7795	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y
7794	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7793	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7792	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7791	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	03 Y	004 Y
7790	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	03 Y	004 Y
7789	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	03 Y	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7787	Newstars	NewStars (Spring Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	03 Y	004 Y
7880	Stretch And Strength	Stretch And Strength (Spring Season)	Designed to work skills to strengthen core muscle groups. Also designed for gymnasts interested in competitive gymnastics and former competitive gymnasts interested in regaining strength and flexibility in order to compete in later seasons. The class will be designed to work on areas that are needed by the group of participants.	Apr 02, 2024 - Jun 04, 2024	07:00PM - 07:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	13 Y	
8039	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	05 Y	006 Y
8038	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	05 Y	006 Y
7995	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	05 Y	006 Y



# Gymnastics - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7826	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	05 Y	006 Y
7825	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 06, 2024 - Jun 08, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	05 Y	006 Y
7824	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 05, 2024 - Jun 07, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$144.00; Non-Resident Program Fee: \$180.00	05 Y	006 Y
7823	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	05 Y	006 Y
7822	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$200.00; Resident Program Fee: \$160.00	05 Y	006 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7821	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 04, 2024 - Jun 06, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	05 Y	006 Y
7820	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 03, 2024 - Jun 05, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$160.00; Non-Resident Program Fee: \$200.00	05 Y	006 Y
7819	SuperStars	SuperStars (Spring Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Apr 02, 2024 - Jun 04, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$180.00; Resident Program Fee: \$144.00	05 Y	006 Y





# Gymnastics - Youth - Summer season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8006	Aerial Silks Level 1	Aerial Silks Level 1 (Summer Season)	Students will learn skills on the aerial silk apparatus. Skills include basic climbs, poses, and drops.	Jun 20, 2024 - Aug 08, 2024	04:30PM - 05:30PM	Every Thu		Arrillaga Family Gymnastics Center	Resident Program Fee: \$290.00; Non-Resident Program Fee: \$360.00	08 Y	
8007	Aerial Silks Level 2	Aerial Silks Level 2 (Summer Season)	Students must have completed Aerial Silks Level 1 or approved by the instructor. Students will be progressing beyond Level 1 skills to develop a performance quality routine.	Jun 20, 2024 - Aug 08, 2024	05:45PM - 07:00PM	Every Thu	Soo Hom	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$404.00; Resident Program Fee: \$325.00	08 Y	
8008	Aerial Static trapeze	Static trapeze (Summer Season)	Beginners will learn the basics of static trapeze. Students with the basic skills will continue to expand their repertoire and learn to sequence these moves. Basic and advance instructions on static trapeze and partner acrobatics will be taught. Advance students will develop a performance quality routine that can be shown in the Spring showcase in May.	Jun 22, 2024 - Aug 10, 2024	12:30PM - 01:45PM	Every Sat	Soo Hom	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$460.00; Resident Program Fee: \$370.00	08 Y	
7983	Exploration Through Movement	Exploration through movement (Summer Season)	A caregiver and child participation class, for children unable to be mainstreamed into a regular class due to physical or learning differences. Exploration through movement is a loosely structured class designed for children and their caregivers to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to help your child learn how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	04:00PM - 04:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	
8025	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7894	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y
7893	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	12 Mos	003 Y
7892	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	12 Mos	003 Y
7891	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	12 Mos	003 Y
7890	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7889	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y
7888	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y
7887	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	12 Mos	003 Y
7886	Kindergym	Kindergym (Summer Season)	A caregiver and child participation class, ages walking to 3 years of age. Kindergym is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class to teach your child how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). Only children enrolled in the class may attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	12 Mos	003 Y
8017	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	02 Y 06 Mos	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7901	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	02 Y 06 Mos	004 Y
7900	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	02 Y 06 Mos	004 Y
7899	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	02 Y 06 Mos	004 Y
7898	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	02 Y 06 Mos	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7897	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	02 Y 06 Mos	004 Y
7896	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	02 Y 06 Mos	004 Y
7895	Kinderstars	Kinderstars (Summer Season)	A caregiver and child participation class, ages 2.5 to 4 years of age. Kinderstars introduces the first level of instruction. Students will learn to stand in line, be given a short set of directions and take turns on equipment. Children will also learn how to work in groups with their caregiver during parachute activities. We will work on listening skills, rolling, hanging, walking on uneven surfaces, and jumping. Children not enrolled in the class may not attend, babies must be in carriers. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	02 Y 06 Mos	004 Y
8024	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	04:00PM - 04:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7980	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	02:00PM - 02:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7979	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7978	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	
7977	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	06:00PM - 06:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
7975	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
7974	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7973	Level A Boys	Level A Boys (Summer Season)	Beginning level of gymnastics. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the boys will work on the parallel bars, rings, floor and vault (these take a great deal of strength so the boys spend a good deal of time working on coordination and strength activities). We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	
7957	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	04:00PM - 04:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7956	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	03:00PM - 03:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7954	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	02:00PM - 02:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7950	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	010 Y 00 Mos
7949	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	04:00PM - 04:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	010 Y 00 Mos



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7948	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7947	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	06:00PM - 06:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	06 Y	010 Y 00 Mos
7946	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	010 Y 00 Mos
7945	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	010 Y 00 Mos
7943	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	06:00PM - 06:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
7942	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	05:00PM - 05:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	010 Y 00 Mos





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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7941	Level A Girls (Ages 6+)	Level A Girls (Ages 6+) (Summer Season)	Beginning level of gymnastics, for students 6 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	010 Y 00 Mos
8015	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Summer Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	02:00PM - 02:50PM	Every Sat		Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	09 Y	
8014	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Summer Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	07:00PM - 07:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	09 Y	
8013	Level A Girls (Ages 9+)	Level A Girls (Ages 9+) (Summer Season)	Beginning level of gymnastics, for students 9 and up. Open to students with no or little experience in the sport. The student will work on all the Olympic apparatuses, the girls will be on the balance beams, uneven bars, vault and floor. Strength work and basic skills will be worked on in these classes. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	07:00PM - 07:50PM	Every Tue		Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	09 Y	
7982	Level B Boys	Level B Boys (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. Boys classes will be working more strength on parallel bars, rings and the single bar; cartwheels, round offs, handstands and different types of rolls; mushroom and pommel horse drills; and vaulting. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	04:00PM - 04:50PM	Every Fri		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7981	Level B Boys	Level B Boys (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. Boys classes will be working more strength on parallel bars, rings and the single bar; cartwheels, round offs, handstands and different types of rolls; mushroom and pommel horse drills; and vaulting. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	05:00PM - 05:50PM	Every Thu		Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	06 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8023	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	04:00PM - 04:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
8012	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	04:00PM - 04:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7965	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	03:00PM - 03:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7964	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	01:00PM - 01:50PM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7963	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	04:00PM - 04:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7962	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	07:00PM - 07:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
7961	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	05:00PM - 05:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
7960	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	06:00PM - 06:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	
7959	Level B Girls	Level B Girls (Summer Season)	Intermediate level of gymnastics. Students must pass Level A in order to register for the class. Children will build on the skills they have learned in Level A. They will also learn move difficult floor exercise skills for example round offs, back walkovers; back hip circles on bars and connecting moves on the uneven bars; also connecting moves on the balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	05:00PM - 05:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	
7972	Level C Girls	Level C Girls (Summer Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	04:00PM - 04:50PM	Every Sat		Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	



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7969	Level C Girls	Level C Girls (Summer Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	06:00PM - 06:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	06 Y	
7968	Level C Girls	Level C Girls (Summer Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	07:00PM - 07:50PM	Every Tue		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	06 Y	
7967	Level C Girls	Level C Girls (Summer Season)	Advanced level of gymnastics. Must pass Level B in order to be in the class. Will work on skills such as back extension rolls, back walkovers, and back handsprings. More difficult moves will also be worked on the uneven bars and vault. Connecting moves and working them into a sequence of a short routine will be part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	06:00PM - 06:50PM	Every Tue		Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	06 Y	
8219	Level D Girls	Level D Girls (Summer Season)	Advanced level of Gymnastics. You must pass our Level C class in order to be eligible for this class. Our most advanced recreational class, that will be working on skills such as back handsprings and roundoffs on the floor. Conditioning will be used to develop gymnast's strength and shapes for skills such as kips, casts, and front hip circles. More difficult skills will be worked on the balance beam such as handstands and cartwheels. You must have instructors' approval to move into this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	03:00PM - 03:50PM	Every Sat		Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	07 Y	
8217	Level D Girls	Level D Girls (Summer Season)	Advanced level of Gymnastics. You must pass our Level C class in order to be eligible for this class. Our most advanced recreational class, that will be working on skills such as back handsprings and roundoffs on the floor. Conditioning will be used to develop gymnast's strength and shapes for skills such as kips, casts, and front hip circles. More difficult skills will be worked on the balance beam such as handstands and cartwheels. You must have instructors' approval to move into this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	07:00PM - 07:50PM	Every Thu		Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	07 Y	



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7988	Menlo Childrens Center Gymnastics	MCC Bigs (Summer Season)	This class is only for the MCC Bigs class, children must attend with their class and teacher. MCC Bigs is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed. No class on Friday August 25.	Jun 21, 2024 - Aug 09, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$64.00; Non-Resident Program Fee: \$80.00		
7987	Menlo Childrens Center Gymnastics	MCC Middles (Summer Season)	This class is only for the MCC Middles class, children must attend with their class and teacher. MCC Middles is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed	Jun 19, 2024 - Aug 07, 2024	11:00AM - 11:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$64.00; Non-Resident Program Fee: \$80.00		
7985	Menlo Childrens Center Gymnastics	MCC Littles Gymnastics (Summer Season)	This class is only for the MCC Littles class, children must attend with their class and teacher. MCC Littles is a loosely structured class designed for children to socialize with their peers, experiment with movement on different surfaces, and explore different ways to move through the environment. This is a great class for teaching children how to safely climb and walk on uneven surfaces (bilateral movement and motor mapping). No class on days MCC is closed.	Jun 19, 2024 - Aug 07, 2024	10:00AM - 10:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$80.00; Resident Program Fee: \$64.00		
8021	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	04 Y	005 Y
8018	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y



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8016	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y
8009	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y
7928	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y
7927	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7926	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y
7924	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y
7923	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y
7922	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7921	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	04 Y	005 Y
7920	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	04 Y	005 Y
7919	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	04 Y	005 Y
7918	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y





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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7917	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y
7916	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	04 Y	005 Y
7915	MiniStars	MiniStars (Summer Season)	An independent class for ages 4 to 5. Children will be working in circuits to hone their skills and develop strength. Children will continue working on handstands and cartwheels (these skills are connected and require strength and balance), more difficult bar skills (introducing pull overs and front supports), forward and backward skills on low balance beams. Direction following, listening skills and turn taking are also part of the class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	04 Y	005 Y
8022	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	03 Y	004 Y
8019	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y



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8010	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	01:00PM - 01:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y
7914	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	10:00AM - 10:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y
7913	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	03 Y	004 Y
7912	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y
7910	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	11:00AM - 11:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	03 Y	004 Y



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7909	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	10:00AM - 10:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y
7908	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	09:00AM - 09:50AM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	03 Y	004 Y
7907	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	01:00PM - 01:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	03 Y	004 Y
7906	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	12:00PM - 12:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	03 Y	004 Y
7905	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	01:00PM - 01:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y



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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7904	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	09:00AM - 09:50AM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	03 Y	004 Y
7903	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	02:00PM - 02:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	03 Y	004 Y
7902	Newstars	NewStars (Summer Season)	An independent class for 3-4 year olds. Children are given short sets of directions and work in circuits to practice and learn different types of rolls, be introduced to handstands and cartwheels, and work on gymnastics equipment that is at the proper height for their age and size. Balance, strength and coordination are worked on in this class. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	12:00PM - 12:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	03 Y	004 Y
7984	Stretch And Strength	Stretch And Strength (Summer Season)	Designed to work skills to strengthen core muscle groups. Also designed for gymnasts interested in competitive gymnastics and former competitive gymnasts interested in regaining strength and flexibility in order to compete in later seasons. The class will be designed to work on areas that are needed by the group of participants.	Jun 18, 2024 - Aug 06, 2024	07:00PM - 07:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	13 Y	
8041	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	03:00PM - 03:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	05 Y	006 Y



# Gymnastics - Youth - Summer season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8040	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	02:00PM - 02:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y
8011	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y
7939	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	11:00AM - 11:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$128.00; Non-Resident Program Fee: \$160.00	05 Y	006 Y
7938	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 22, 2024 - Aug 10, 2024	09:00AM - 09:50AM	Every Sat	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y
7936	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	03:00PM - 03:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y



# Gymnastics - Youth - Summer season

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ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7935	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 21, 2024 - Aug 09, 2024	01:00PM - 01:50PM	Every Fri	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y
7934	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	05 Y	006 Y
7933	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	03:00PM - 03:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Resident Program Fee: \$112.00; Non-Resident Program Fee: \$140.00	05 Y	006 Y
7932	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 20, 2024 - Aug 08, 2024	02:00PM - 02:50PM	Every Thu	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$140.00; Resident Program Fee: \$112.00	05 Y	006 Y
7931	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 19, 2024 - Aug 07, 2024	02:00PM - 02:50PM	Every Wed	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y



# Gymnastics - Youth - Summer season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7930	SuperStars	SuperStars (Summer Season)	An independent class for ages 5 to 6. Children will continue to improve the skills they learned in NewStars and MiniStars. They will learn to connect skills and some will be able to perform the skills with little or no help. The class still works on the obstacle courses but different skills are introduced into the course. Children will be working on forward and backward skills on both the floor and balance beams. We do not provide make-up classes or refunds for classes you do not attend.	Jun 18, 2024 - Aug 06, 2024	03:00PM - 03:50PM	Every Tue	Gymnastics Staff	Arrillaga Family Gymnastics Center	Non-Resident Program Fee: \$160.00; Resident Program Fee: \$128.00	05 Y	006 Y



# Activities and Classes - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
8279	Youth enrichment	Introduction to modern Calligraphy	Join this super fun and creative class, where students will be introduced to calligraphy with age appropriate pens. Students will practice writing uppercase letters. Materials will be provided.	Apr 20, 2024 - Apr 20, 2024	09:00AM - 11:00AM	Once	Priti Dasot	Arrillaga Family Recreation Center	Resident Program Fee: \$60.00; Non-Resident Program Fee: \$81.00	10 Y	014 Y
8159	Youth enrichment	Advance Spanish for Kids (ZOOM) (Spring Season)	Advanced Level: Grammar, Countries & Capitals, Verbs, Sentence, Reading, Writing, Words, Days of the Week, Months and more.	Apr 09, 2024 - May 07, 2024	12:00AM - 01:00AM	Every Tue, Thu	Dennis Reyes	Virtual Programs	Resident Program Fee: \$25.00; Non-Resident Program Fee: \$34.00		
8138	Youth enrichment	Beginners Spanish for Kids (ZOOM) (Spring Season)	Beginners Level: ABC, Vowels, Numbers, Pronouns, Body Parts, Words, Days of the Week and Month of the Years.	Apr 08, 2024 - May 08, 2024	04:30AM - 05:30AM	Every Mon, Wed	Dennis Reyes	Virtual Programs	Resident Program Fee: \$31.25; Non-Resident Program Fee: \$42.50	04 Y	010 Y
7768	Youth music and theatre	Piano 1 (Spring Season)	Learning to play the piano is fun! By putting students into small groups (3-4 students) we give them a chance to share the learning experience with others. Activities include music-oriented games, EZ music theory and ear-training. Classes are sequential: Piano 1 (beginner's level) is followed by Piano 2, the next level and so on. We hold a recital on the last class of the session. Each student has access to a piano or keyboard in class; however, a piano or keyboard is needed to practice at home. Material fee is included. Any questions about the classes, feel free to email Teacher Svetlana at stuchinsky@hotmail.com	Apr 10, 2024 - Jun 05, 2024	04:00PM - 04:35PM	Every Wed	Svetlana Tuchinsky	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$520.00; Resident Program Fee: \$465.00	06 Y	009 Y
7686	Youth music and theatre	Piano 6 (Spring Season)	Learning to play the piano is fun! By putting students into small groups (3-4 students) we give them a chance to share the learning experience with others. Activities include music-oriented games, EZ music theory and ear-training. Classes are sequential: Piano 1 (beginner's level) is followed by Piano 2, the next level and so on. We hold a recital on the last class of the session. Each student has access to a piano or keyboard in class; however, a piano or keyboard is needed to practice at home. Material fee is included.	Apr 10, 2024 - Jun 05, 2024	05:20PM - 05:55PM	Every Wed	Svetlana Tuchinsky	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$520.00; Resident Program Fee: \$465.00	06 Y	009 Y





# Activities and Classes - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7685	Youth music and theatre	Piano 3 (Spring Season)	Learning to play the piano is fun! By putting students into small groups (3-4 students) we give them a chance to share the learning experience with others. Activities include music-oriented games, EZ music theory and ear-training. Classes are sequential: Piano 1 (beginner's level) is followed by Piano 2, the next level and so on. We hold a recital on the last class of the session. Each student has access to a piano or keyboard in class; however, a piano or keyboard is needed to practice at home. Material fee is included.	Apr 10, 2024 - Jun 05, 2024	04:40PM - 05:15PM	Every Wed	Svetlana Tuchinsky	Arrillaga Family Recreation Center	Resident Program Fee: \$465.00; Non-Resident Program Fee: \$520.00	06 Y	009 Y
7684	Youth technology	Robotics & Engineering (Spring Season)	EASE Education offers a stimulating robotics program for young engineers. Utilizing Artificial Intelligence (A.I.) concepts and Machine Learning algorithm as theoretical foundation, students work in teams to plan, build, test, and modify their own robotic creations! We use VEX GO construction system that teaches the fundamentals of STEM through fun, hands-on activities that help young students perceive coding and engineering in a fun and positive way. We help creative minds put mathematical concepts to the test as they develop a better knowledge of robotics, computer programming, and teamwork.	Apr 08, 2024 - May 20, 2024	04:15PM - 05:15PM	Every Mon	EASE Education Staff	Arrillaga Family Recreation Center	Resident Program Fee: \$485.00; Non-Resident Program Fee: \$520.00	07 Y	012 Y
8128	Youth tennis	Teen Tennis (Spring Season)	Ready to help your children develop a passion for the sport of tennis? Our Teen Tennis Stars program is the perfect way to do just that. Designed for ages 9-14 with little or no tennis experience, we focus on having fun with the game while learning the fundamentals. By the session's end, they will be skilled at hitting the ball with consistency, allowing them to enjoy a quick game with you or any player.	Apr 14, 2024 - Jun 02, 2024	12:00PM - 01:00PM	Every Sun	Shipra Uttam	Burgess Community Park	Resident Program Fee: \$354.00; Non-Resident Program Fee: \$477.00	09 Y	014 Y
8125	Youth tennis	Mini Aces Tennis (Spring Season)	If you have a budding athlete, are looking for a great way to keep your kiddo active or interested in having your child learn tennis fundamentals, our Mini Aces program is the perfect solution! Each Mini Aces session is perfect for those with no tennis experience or only mild exposure to the game. We work on hand-eye coordination, movement drills and various strokes. Wear tennis shoes and bring a tennis racquet size 21 or 23	Apr 14, 2024 - Jun 02, 2024	11:00AM - 12:00PM	Every Sun	Shipra Uttam	Burgess Community Park	Non-Resident Program Fee: \$477.00; Resident Program Fee: \$354.00	06 Y	008 Y



# Activities and Classes - Youth - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom	AgeTo
7666	Youth tennis	Mommy Daddy And Me Tennis (Spring Season)	Searching for the perfect way to introduce your child to the game of tennis? This class offers a fun way to interact with your child, while teaching them the basics of the game! Kids learn in a number of different ways, and when they are under the age of four, they primarily learn through play. Working with them in an active setting is an important part of both their physical and mental development. During the class, parents and children participate together in fun, age-appropriate activities that will help your little one develop the motor and socialization skills necessary to continue with tennis as they grow. Wear tennis shoes and bring a racquet size 19.	Apr 14, 2024 - Jun 02, 2024	09:45AM - 10:15AM	Every Sun	Shipra Uttam	Burgess Community Park	Non-Resident Program Fee: \$429.00; Resident Program Fee: \$319.00		
7665	Youth tennis	Pee Wee Tennis (Spring Season)	Have fun and learn tennis basics at the same time with our Pee Wee Tennis sessions. Our program offers your small tennis star a fun introduction to the game in a setting thats perfect for their learning abilities. We use low compression red balls to help your child learn the fundamentals. From strokes and movements to the motor skills they will need to move forward as they grow, we make certain they learn in an environment that works for them. Wear tennis shoes and bring a tennis racquet size 19 or 21.	Apr 14, 2024 - Jun 02, 2024	10:15AM - 11:00AM	Every Sun	Shipra Uttam	Burgess Community Park	Resident Program Fee: \$319.00; Non-Resident Program Fee: \$429.00	04 Y	005 Y



# Activities and Classes - Adults - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
8280	Adult dance	Zumba (Zoom) (Spring Season)	Zumba combines Latin rhythms and easy to follow moves to create a dynamic workout, plus step and toning. This class is on Zoom	Apr 09, 2024 - May 28, 2024	06:00PM - 07:00PM	Every Tue		Belle Haven Branch Library	Non-Resident Program Fee: \$272.00; Resident Program Fee: \$200.00	
8272	Adult dance	Traditional Aztec Dance	Learn to dance the traditional Aztec Dance that has been taught for centuries in Mexico and other Latin American countries.	Apr 08, 2024 - May 01, 2024	06:00PM - 08:00PM	Every Mon, Wed		Belle Haven Branch Library	Drop-In Fee for course: \$3.00; Non-Resident Program Fee: \$34.00; Resident Program Fee: \$25.00	
7687	Adult dance	Persian Dance (Spring Season)	Explore Persian music and dance with a focus on the classical, lyrical style. Learn foundational foot patterns, arm movements, hand and body positions found in Persian dance. This style emphasizes delicate, graceful arm movements and expressiveness through lifted body positions. Beginners and intermediate dancers welcome - for more information, please visit <a href="http://persiandancing.com">persiandancing.com</a>	Apr 16, 2024 - Jun 04, 2024	07:30PM - 08:30PM	Every Tue	Shadan Mirabedi	Arrillaga Family Recreation Center	Resident Program Fee: \$155.00; Drop-In Fee for course: \$15.00; Non-Resident Program Fee: \$209.00	16 Y
7678	Adult dance	Palomanians Folk Dance (Spring Season)	Learn dances from around the world: Europe, Asia and the Americas. The complexity of dances increases through the evening, with appropriate level of teaching based on the evening's attendees. Both partner and non-partner dances will be presented; you do not need a partner to attend. Drop-in fee is \$8.00. Questions? Call (408) 537-3352 or (408) 249-6104	Apr 09, 2024 - Jun 04, 2024	06:30PM - 09:00PM	Every Tue	Clem Dickey	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$67.00; Resident Program Fee: \$50.00; Drop-In Fee for course: \$8.00	13 Y
6139	Adult dance	Zumba Toning (Zoom) (Spring Season)	Zumba combines Latin rhythms and easy to follow moves to create a dynamic workout, plus step and toning. This class is on Zoom	Apr 11, 2024 - May 30, 2024	06:00PM - 07:00PM	Every Thu		Virtual	Non-Resident Program Fee: \$34.00; Resident Program Fee: \$25.00	



# Activities and Classes - Adults - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
8269	Adult fitness classes	Feldenkrais Awareness Through Movement	Feldenkrais uses slow, mindful movements to powerfully improve strength and flexibility, and to integrate body and mind. Unique to the Feldenkrais Method is that these lessons tie directly into functional movements of daily life, such as walking efficiently and improving one's posture in sitting or standing. Judy will guide you through a sequence of movements, encouraging you to move with gentle attention within a comfortable range. As you attend to the improving quality of movement, unnecessary muscular tensions throughout yourself can reorganize and release. Students are often amazed at the quick and clear changes that occur in an Awareness Through Movement lesson!	Apr 10, 2024 - Jun 05, 2024	01:00PM - 02:00PM	Every Wed	Judy Windt	Arrillaga Family Recreation Center	Resident Program Fee: \$108.00; Non-Resident Program Fee: \$144.00	16 Y
7951	Adult fitness classes	TRX Suspension Training (Spring Season)	TRX is a revolutionary total body workout that uses gravity and your own body weight to simultaneously develop strength, balance, flexibility and core stability. TRX will challenge you week after week, launching you toward your definition of success. Concerned your body isn't 100%? Modifications and progressions will be used to accommodate any issues. New to TRX? Come in for a free session and try it out before you decide. \$25 drop-in fee, based on availability.	Apr 09, 2024 - Jun 04, 2024	06:15PM - 07:10PM	Every Tue	Ken Baker	Arrillaga Family Recreation Center	Resident Program Fee: \$184.00; Non-Resident Program Fee: \$238.00; Drop-In Fee for course: \$25.00	16 Y
7669	Adult fitness classes	Iyengar Yoga with Ruchi (Spring Season)	This yoga class is for students new to yoga and experienced students of all levels. Students will learn basic yoga asanas and build further from the foundation rotating between standing poses, forward extensions, back extensions, twists and breath awareness as well as learn some yoga philosophy. Please bring your yoga mat and any other props you already have, additional yoga props will be provided by the instructor.	Apr 08, 2024 - Jun 03, 2024	10:00AM - 11:30AM	Every Mon	Ruchi Murlidhar	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$198.00; Resident Program Fee: \$144.00; Drop-In Fee for course: \$20.00	18 Y
7667	Adult leisure classes	Ikebana (Spring Season)	Students will learn or continue to learn the principals and styles of Sogetsu school of Ikebana, creating fresh flowers arrangements each week to take home to enjoy their creations. Material fee included in registration cost.	Apr 09, 2024 - Jun 04, 2024	01:00PM - 02:30PM	Every Tue	Emma Soloveychik	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$369.00; Resident Program Fee: \$315.00	14 Y



# Activities and Classes - Adults - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
7958	Adult martial arts	Experienced Traditional Karate - Wednesdays (Spring Season)	Participants learn intermediate and advanced kata, testing grading preparation, fine tuning applications, athletic and elite sportsmanship. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Apr 10, 2024 - Jun 05, 2024	07:00PM - 08:30PM	Every Wed	Johnpaul Williams	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$243.00; Resident Program Fee: \$180.00; Drop-In Fee for course: \$20.00	08 Y
7955	Adult martial arts	Experienced Traditional Karate - Mondays (Spring Season)	Participants learn intermediate and advanced kata, testing grading preparation, fine tuning applications, athletic and elite sportsmanship. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Apr 08, 2024 - Jun 03, 2024	07:00PM - 08:30PM	Every Mon	Johnpaul Williams	Arrillaga Family Recreation Center	Resident Program Fee: \$180.00; Drop-In Fee for course: \$20.00; Non-Resident Program Fee: \$243.00	08 Y
7944	Adult martial arts	Beginners Traditional Karate - Wednesdays (Spring Season)	The beginner's class focuses on a basic skills, which include safely performing: introductory kata, blocks, kicks and strikes. The class further includes self-defense, proper manners, focus and body mechanics. This is in preparation to participate in advanced or experienced training. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Apr 10, 2024 - Jun 05, 2024	05:45PM - 07:00PM	Every Wed	Johnpaul Williams	Arrillaga Family Recreation Center	Drop-In Fee for course: \$20.00; Resident Program Fee: \$180.00; Non-Resident Program Fee: \$243.00	08 Y



# Activities and Classes - Adults - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
7937	Adult martial arts	Beginners Traditional Karate - Mondays (Spring Season)	The beginner's class focuses on a basic skills, which include safely performing: introductory kata, blocks, kicks and strikes. The class further includes self-defense, proper manners, focus and body mechanics. This is in preparation to participate in advanced or experienced training. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Apr 08, 2024 - Jun 03, 2024	05:45PM - 07:00PM	Every Mon	Johnpaul Williams	Arrillaga Family Recreation Center	Drop-In Fee for course: \$20.00; Resident Program Fee: \$160.00; Non-Resident Program Fee: \$216.00	08 Y
7673	Adult martial arts	Menlo Aikijujitsu (Spring Season)	Bushin Ryu Aikijujitsu is a martial art system based on the techniques from Japanese Jujitsu, Yoshinkan Aikido and Filipino Escrima. The classical elements of these martial art systems have been modified and adapted to fit the needs of today's society with many of these techniques used in law enforcement around the world. Students learn techniques of striking/blocking, pressure points, joint locks and submissions as well as the values of: discipline, self-control, and respect. For more information, visit <a href="http://www.bushinryutaojitsu.com">www.bushinryutaojitsu.com</a>	Apr 11, 2024 - Jun 06, 2024	06:30PM - 08:30PM	Every Thu	Tom Chow	Arrillaga Family Recreation Center	Resident Program Fee: \$99.00; Drop-In Fee for course: \$15.00; Non-Resident Program Fee: \$132.00	18 Y
8283	Adult sports classes	Beginning Pickleball (Spring Season)	Beginner pickleball players are typically new to the sport and are still learning the basics. These players would like to improve on the proper form and technique and may want to gain a better understanding of the rules of the game.	Apr 09, 2024 - May 07, 2024	10:45AM - 11:15AM	Every Tue	David Mok	Kelly Park	Resident Program Fee: \$225.00; Non-Resident Program Fee: \$304.00	18 Y
8282	Adult sports classes	Intermediate Pickleball (Spring Season)	Intermediate players have a good understanding of the basics and have started to develop their playing style. These players are more consistent with their shot-making and have a better understanding of the rules and strategy of the game.	Apr 09, 2024 - May 07, 2024	09:30AM - 10:30AM	Every Tue	David Mok	Kelly Park	Non-Resident Program Fee: \$243.00; Resident Program Fee: \$180.00	18 Y
8129	Adult sports classes	Adult Tennis (Spring Season)	A common question for many new players is where to begin with lessons and classes, and the United States Tennis Association (USTA) offers ratings for courses to help you decide what might be right for you. This course is rated a 2.5-3.0, which means after the course, you'll be able to judge where the ball is going and you'll be able to tackle a short rally with players that have the same basic ability.	Apr 14, 2024 - Jun 02, 2024	08:45AM - 09:45AM	Every Sun	Shipra Uttam	Burgess Community Park	Non-Resident Program Fee: \$477.00; Resident Program Fee: \$354.00	15 Y



# Activities and Classes - Adults - Summer season

SPRING/SUMMER 2024  
CATALOG

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
7679	Adult dance	Palomanians Folk Dance (Summer Season)	Learn dances from around the world: Europe, Asia and the Americas. The complexity of dances increases through the evening, with appropriate level of teaching based on the evening's attendees. Both partner and non-partner dances will be presented; you do not need a partner to attend. Drop-in fee is \$8.00. Questions? Call (408) 537-3352 or (408) 249-6104	Jun 18, 2024 - Aug 06, 2024	06:30PM - 09:00PM	Every Tue	Clem Dickey	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$60.00; Drop-In Fee for course: \$8.00; Resident Program Fee: \$45.00	13 Y
7681	Adult dance	Persian Dance (Summer Season)	Explore Persian music and dance with a focus on the classical, lyrical style. Learn the foundational foot patterns, arm, movements, hand and lifted body positions found in Persian dance. This style emphasizes delicate, graceful arm movements and expressiveness through lifted body positions. Beginners and intermediate dancers welcome - for more information, please visit <a href="http://persiandancing.com">persiandancing.com</a>	Aug 08, 2024 - Aug 08, 2024	07:30PM - 08:30PM	Every Thu	Shadan Mirabedi	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$10.34; Resident Program Fee: \$7.67	16 Y
7966	Adult fitness classes	TRX Suspension Training (Summer Season)	Want to be stronger? Want to achieve that toned body? TRX is a revolutionary total body workout that uses gravity and your own body weight to simultaneously develop strength, balance, flexibility and core stability. TRX will challenge you week after week, launching you toward your definition of success. Concerned your body isn't 100%? Modifications and progressions will be used to accommodate any issues. New to TRX? Come in for a free session and try it out before you decide. \$25 drop-in fee, based on availability.	Jun 18, 2024 - Jul 16, 2024	06:15PM - 07:10PM	Every Tue	Ken Baker	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$135.00; Resident Program Fee: \$105.00; Drop-In Fee for course: \$25.00	18 Y
7680	Adult leisure classes	Ikebana (Summer Season)	Students will learn or continue to learn the principals and styles of Sogetsu school of Ikebana, creating fresh flowers arrangements each week to take home to enjoy their creations. Material fee included in registration cost.	Jun 18, 2024 - Aug 13, 2024	01:00PM - 02:30PM	Every Tue	Emma Soloveychik	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$369.00; Resident Program Fee: \$315.00	14 Y
8284	Adult martial arts	Menlo Aikijujitsu (Summer Season)	Bushin Ryu Aikijujitsu is a martial art system based on the techniques from Japanese Jujitsu, Yoshinkan Aikido and Filipino Escrima. The classical elements of these martial art systems have been modified and adapted to fit the needs of today's society with many of these techniques used in law enforcement around the world. Students learn techniques of striking/blocking, pressure points, joint locks and submissions as well as the values of: discipline, self-control, and respect. For more information, visit <a href="http://www.bushinryutaojitsu.com">www.bushinryutaojitsu.com</a>	Jun 20, 2024 - Aug 08, 2024	06:30PM - 08:30PM	Every Thu	Tom Chow	Arrillaga Family Recreation Center	Resident Program Fee: \$99.00; Drop-In Fee for course: \$15.00; Non-Resident Program Fee: \$132.00	18 Y



# Activities and Classes - Adults - Summer season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
7971	Adult martial arts	Beginners Traditional Karate - Wednesdays (Summer Season)	The beginner's class focuses on a basic skills, which include safely performing: introductory kata, blocks, kicks and strikes. The class further includes self-defense, proper manners, focus and body mechanics. This is in preparation to participate in advanced or experienced training. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Jun 19, 2024 - Jul 31, 2024	05:45PM - 07:00PM	Every Wed	Johnpaul Williams	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$189.00; Drop-In Fee for course: \$20.00; Resident Program Fee: \$140.00	08 Y
7970	Adult martial arts	Beginners Traditional Karate - Mondays (Summer Season)	The beginner's class focuses on a basic skills, which include safely performing: introductory kata, blocks, kicks and strikes. The class further includes self-defense, proper manners, focus and body mechanics. This is in preparation to participate in advanced or experienced training. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Jun 17, 2024 - Jul 29, 2024	05:45PM - 07:00PM	Every Mon	Johnpaul Williams	Arrillaga Family Recreation Center	Non-Resident Program Fee: \$189.00; Resident Program Fee: \$140.00; Drop-In Fee for course: \$20.00	08 Y
7952	Adult martial arts	Experienced Traditional Karate - Wednesdays (Summer Season)	Participants learn intermediate and advanced kata, testing grading preparation, fine tuning applications, athletic and elite sportsmanship. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Jun 19, 2024 - Jul 31, 2024	07:00PM - 08:30PM	Every Wed	Johnpaul Williams	Arrillaga Family Recreation Center	Resident Program Fee: \$140.00; Non-Resident Program Fee: \$189.00; Drop-In Fee for course: \$20.00	08 Y
7940	Adult martial arts	Experienced Traditional Karate - Mondays (Summer Season)	Participants learn intermediate and advanced kata, testing grading preparation, fine tuning applications, athletic and elite sportsmanship. Training adopts science of the US Olympic committee & standards of the Japan Karate Federation. Students may participate in regional & international competition with opportunities to train in Japan and international seminars with the instructor. Additional fee for national & international membership and testing (not mandatory). Drop in is \$20 per session. No training Aug 9 - 20 (Seminar in Japan). Training equipment (white Karate uniform) suggested for participants wishing to continue training.	Jun 17, 2024 - Jul 29, 2024	07:00PM - 08:30PM	Every Mon	Johnpaul Williams	Arrillaga Family Recreation Center	Resident Program Fee: \$140.00; Drop-In Fee for course: \$20.00; Non-Resident Program Fee: \$189.00	08 Y





# Activities and Classes - Seniors - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
8197	Senior Center Classes	Yoga Chair & Stand	While sitting or standing, experience easy strengthening and relaxation techniques. Improve your balance and stamina as we enjoy listening to classic tunes and learning gentle, modified yoga poses. Registration will be completed in-person. Please call 650-330-2287 for more information.	Apr 09, 2024 - Jun 25, 2024	11:00AM - 11:45AM	Every Tue		Arrillaga Family Recreation Center	General: \$0.00	60 Y
8196	Senior Center Classes	Travel Around the World in a Day!	No need to get a visa or passport! Stay in your seats while we travel throughout the world. Each Friday we will visit a new country and hear about the country we are visiting from our travel guide. In Spanish & English. Registration will be completed in-person. Please call 650-330-2287 for more information.	Apr 12, 2024 - Jun 28, 2024	11:00AM - 12:00PM	Every Fri	Dan Fillin	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8195	Senior Center Classes	Fellowship Circle (Spanish) - Fridays	A safe place to get your questions answered, and feel empowered with the knowledge you gain through discussions. Join this friendly group and feel connected. In Spanish only. Registration will be completed in-person. Please call 650-330-2287 for more information.	Apr 12, 2024 - Jun 28, 2024	10:30AM - 11:00AM	Every Fri	Alex De La Quintana	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8194	Senior Center Classes	Sewing and Crafts	This class is designed for adults who would like to learn basic sewing techniques, as well as to create simple and easy craft projects. Make something to take home weekly. Registration will be completed in-person. Please call 650-330-2287 for more information.	Apr 12, 2024 - Jun 28, 2024	10:00AM - 12:00PM	Every Fri	Jorel Thomson	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8192	Senior Center Classes	Technology Roundtable for Seniors	Bring your Smart Phone, Tablet, or Lap top and learn how to work with them. This bilingual, patient teacher will walk you through every step of the way so you feel comfortable using your technology. Maximum 6 students per class. Registration required. Free.	Apr 12, 2024 - Jun 28, 2024	09:30AM - 10:30AM	Every Fri	Alex De La Quintana	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8191	Senior Center Classes	Strong for Life	Through a collaborative partnership with Stanford Hospital, you are invited to an exercise class which will help you with your balance, doing daily activities, and more! Registration required. Free.	Apr 12, 2024 - Jun 28, 2024	09:00AM - 10:00AM	Every Fri	Lida Tesarkova	Arrillaga Family Recreation Center	General: \$0.00	60 Y



# Activities and Classes - Seniors - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
8190	Senior Center Classes	Meditation and Acupressure	Using acupressure points for pain and stress management, learn how easy it is to bring peace to your mind and body. While seated, you will use your own hands to press some of the most therapeutic acupressure points on your head, arms, and legs, which can relieve pain, allergies, insomnia, and strengthen your immune system. Registration will be Required. Please call 650-330-2287 for more information.	Apr 10, 2024 - Jun 26, 2024	10:00AM - 11:00AM	Every Wed		Arrillaga Family Recreation Center	General: \$0.00	60 Y
8189	Senior Center Classes	Chair Exercise	This is an energetic, upbeat chair exercise class that is sure to get your body moving. A great workout for all levels of fitness enthusiasts. Registration will be completed in person Please call 650-330-2287 or 650-330-2206 for more information.	Apr 08, 2024 - Jun 24, 2024	09:00AM - 10:00AM	Every Mon	Patty Barrera	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8175	Senior Center Classes	Folklorico	A fun way to learn all about the cultural dances of Mexico. Improve your technique, poise, self-confidence, and creative ability as well as deepening your understanding of and appreciation for the rich and colorful heritage that each dance represents. Performance opportunities each quarter in front of live audience. Registration will be completed in-person. Please call 650-330-2287 for more information.	Apr 09, 2024 - Jun 25, 2024	10:00AM - 11:00AM	Every Tue	Patty Barrera	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8173	Senior Center Classes	Fellowship Circle (Spanish) - Mondays	A safe place to get your questions answered, and feel empowered with the knowledge you gain through discussions. Join this friendly group and feel connected. In Spanish only.	Apr 08, 2024 - Jun 24, 2024	11:00AM - 12:00PM	Every Mon	Alex De La Quintana	Arrillaga Family Recreation Center	General: \$0.00	60 Y
8167	Senior Center Classes	Drawing and Painting for Seniors	We provide the supplies for you to practice your skills in drawing and painting while learning new ones. All levels of experience are welcome in this safe, non-judgmental class. Mediums we use are pencil, charcoal, watercolor, pastels, and acrylics. Registration required.	Apr 08, 2024 - Jun 24, 2024	10:00AM - 11:30AM	Every Mon	Jorel Thomson	Menlo Park Main Library	General: \$0.00	60 Y
8166	Senior Center Classes	Conversational Spanish Advance	Learn Spanish to communicate with your neighbors in our diverse community, and make new friends, too! This fun class, taught in a nurturing setting by a very patient, experienced instructor, teaches you simple phrases to help you speak in Spanish while learning grammar and writing. Registration Required. Please call 650- 330-2287 for more information.	Apr 08, 2024 - Jun 24, 2024	10:00AM - 11:00AM	Every Mon	Alex De La Quintana	Arrillaga Family Recreation Center	General: \$0.00	60 Y



# Activities and Classes - Seniors - Spring season

ID	Service	Subject	Description	Dates	Time	Days	Instructor	Location	Fees	AgeFrom
8165	Senior Center Classes	Conversational Spanish Beginner	Learn Spanish to communicate with your neighbors in our diverse community, and make new friends, too! This fun class, taught in a nurturing setting by a very patient, experienced instructor, teaches you simple phrases to help you speak in Spanish while learning grammar and writing. Registration Required. Please call 650- 330-2287 for more information.	Apr 08, 2024 - Jun 24, 2024	09:00AM - 10:00AM	Every Mon	Alex De La Quintana	Arrillaga Family Recreation Center	General: \$0.00	60 Y