

# WALKING SAFETY



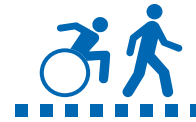
**Stop**  
at the curb's edge



**Look**  
left, right, and  
behind you



**Make  
Eye Contact**  
with drivers



**Cross**  
with heads up and  
looking around

# BIKING SAFETY



## Be Predictable

Follow all traffic laws and stop at stop signs.

Be aware of traffic. Ride single file in the direction of traffic. Ride in a straight line on the right side of the road. Use lights when riding at night.

## Use Hand Signals



Right Turn



Slow or Stop

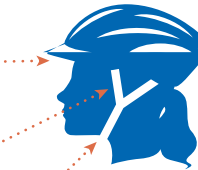


Left Turn

## Wear Your Helmet

Your helmet should cover your forehead and rest just above your eyebrows.

Straps should form a V under ears when buckled.



Tighten the strap so it is snug under your chin.

## Watch for Shared Lane Markings

Ride down the center of this "sharrow" symbol to stay outside the door zone on streets without bike lanes.



# DRIVING TIPS

**Slow Down:** Watch and stop for students and families crossing, especially when other vehicles block your view.

**Park Safely:** Park, stop, and load students only in designated spaces.

**Follow Traffic Laws:** Avoid mid-block U-turns and keep crosswalks, accessible parking spaces, fire hydrants, bus stops, and driveways clear.



**TIDE Academy**  
Technology Innovation Design Engineering

February 2022

# TIDE ACADEMY SUGGESTED WALK AND ROLL MAP



CITY OF  
MENLO PARK

The City of Menlo Park supports children and families in walking and bicycling to school through safety education, fun events, and traffic safety improvements around schools.

## Learn more and get involved:

Sequoia Union High School District: [seq.org](http://seq.org)



















City of Menlo Park Safe Routes to School: [menlopark.org/saferoutestoschool](http://menlopark.org/saferoutestoschool)

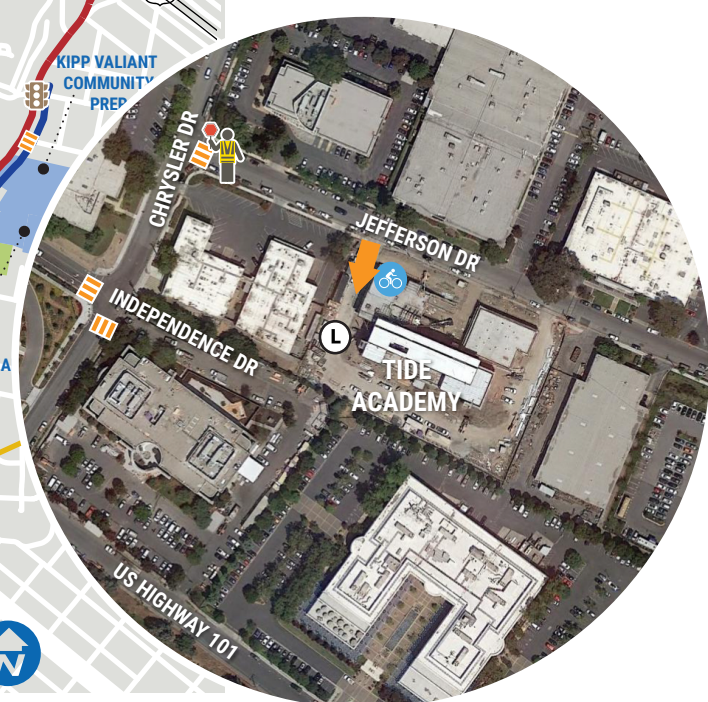
Parents for Safe Routes: [parents4saferoutes.org](http://parents4saferoutes.org)

# TIDE ACADEMY

150 Jefferson Dr  
Menlo Park, CA 94025

## Legend

-  All-Way Stop
-  Traffic Signal With Crosswalk
-  Traffic Signal Without Crosswalk
-  Crosswalk
-  Pedestrian Signal
-  Crossing Guard
-  Bike Parking
-  Loading Zone
-  School Entrance
-  Suggested Walk Route With/Without Walking Path
-  Suggested Bike Route With/Without Bike Lane
-  SamTrans Stop
-  Place of Interest
-  Other Bike Lane/Route
-  SamTrans Stop
-  Place of Interest
-  Railroad Tracks
-  Pedestrian/Bike Bridge



**HOW TO USE THIS MAP:** This suggested route to school map is intended to encourage adults and students to consider walking or bicycling to school. Adults are responsible for choosing the most appropriate option based on their knowledge of the different routes.

**Note:** Use caution when walking and biking along roadways without designated sidewalks or bike facilities. Walk on the shoulder facing traffic as close to the edge of the road as possible.