

MENLO PARK SAFE ROUTES TO SCHOOL

WALK AND ROLL BINGO



<p>Find something in your neighborhood that is the color yellow</p>	<p>Check your school Walk and Roll map and test your safe route to school</p> <p>menlopark.gov/saferoutestoschool</p>	<p>Walk or roll to your favorite park</p>	<p>Count the trees on your block</p>	<p>Teach someone the ABC Quick Check</p>
<p>Look for "sharrow" signs in your neighborhood</p>	<p>Arms up and wiggle your fingers and toes for 30 seconds</p>	<p>Teach someone how to cross the street safely</p>	<p>Create your own traffic playground</p> <p>trafficgardens.com/fun-at-home</p>	<p>Do your favorite yoga pose for 1 minute</p>
<p>Walk or roll to the nearest bus stop</p>	<p>Shake out your whole body for 30 seconds</p>	<p>SAFE ROUTES TO SCHOOL</p>	<p>Walk or roll to a school near you</p>	<p>Help a friend with a helmet fitting</p>
<p>Practice your hand signals</p> <p>Right Slow or Stop Left</p>	<p>Count the number of wheels on your street</p>	<p>Spot wayfinding signage</p>	<p>Tell an adult about the Dutch reach method ("anti-dooring")</p>	<p>Spot 15 mph signs near schools</p>
<p>Go up and down the stairs 5 times</p>	<p>Travel on a bike path</p>	<p>Walk or roll to the nearest park</p>	<p>Watch the Smart Cycling videos made by The League of American Bicyclists</p> <p>bikeleague.org/ridesmartvideos</p>	<p>Count the stop signs on your street</p>