## WALKING SAFETY

Stop at the curb's edge.

# **BIKING SAFETY**

### **Be Predictable**

Follow all traffic laws and stop at stop signs. Be aware of traffic. Ride single file in the direction of traffic. Ride in a straight line on the right side of the road. Use lights when riding at night.

Slow or

Stop

look

left, right, and

behind you.

l eft

Turn

### **Use Hand Signals**



# **DRIVING TIPS**

Slow Down: Watch and stop for students and families crossing, especially when other vehicles block your view.

Park Safely: Park, stop, and load students only in designated spaces.

#### Wear Your Helmet

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Make

**Eye Contact** 

with drivers.

Your helmet should cover your forehead and rest just above your eyebrows.

Straps should form a "V" under ears when buckled.

## Watch for Shared Lane Markings

Ride down the center of this "sharrow" symbol to stay outside the door zone on streets without bike lanes.



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Follow Traffic Laws: Avoid mid-block U-turns and keep crosswalks, accessible parking spaces, fire hydrants, bus stops, and driveways clear.



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Cross with heads up and look around.



## July 2023 LYDIAN ACADEMY **SUGGESTED** WALK AND ROLL MAP



The City of Menlo Park supports children and families in walking and bicycling to school through safety education, fun events, and traffic safety improvements around schools.

#### Learn more and get involved:

Lydian Academy: lydianacademy.com

City of Menlo Park Safe Routes to School menlopark.gov/saferoutestoschool

Parents for Safe Routes: parents4saferoutes.org





is snug under your chin.

HOW TO USE THIS MAP: This suggested route to school map is intended to encourage adults and students to consider walking or bicycling to school. Adults are responsible for choosing the most appropriate option based on their knowledge of the different routes.

#### NOTE:

- Use caution when walking and biking along roadways without designated sidewalks or bike facilities. Walk on the shoulder facing traffic as close to the edge of the road as possible.
- Walk and bike routes on Atherton Ave, Valparaiso Ave, and Alameda de Las Pulgas may be more appropriate for older students.
- For more suggested routes, please check out the citywide map at: menlopark.gov/saferoutestoschool

