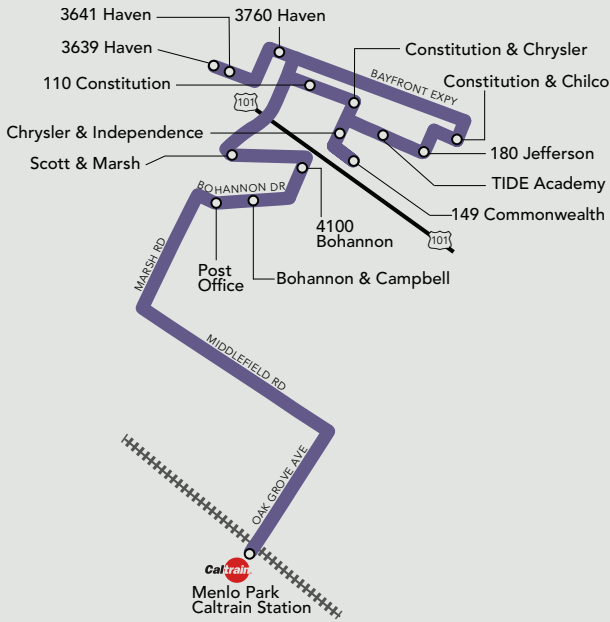




# MARSH ROAD SHUTTLE

## Menlo Park Caltrain to Marsh Road Business Parks

Effective Feb. 25, 2025



The M3-Marsh Road Shuttle is FREE and open to everyone. The shuttle is wheelchair-accessible and has a rack that can accommodate two bicycles.

### FOR MORE INFORMATION

**Menlo Park Shuttles**  
650-330-6770  
menlopark.gov/shuttles

**Caltrain**  
800-660-4287  
caltrain.com

**Regional Transit**  
Dial 5-1-1  
511.org

**Immediate Shuttle Assistance**  
MV Transportation  
650-692-1003

**Sign up for text alerts:** [smctd.com/shuttles/shuttle-text-alerts](http://smctd.com/shuttles/shuttle-text-alerts)  
**Live Shuttle Tracker:** [peninsulashuttles.com](http://peninsulashuttles.com)

The M3-Marsh Road Shuttle is funded through generous grants from our partner agencies:



## Morning Schedule

	RUN 1	RUN 2	RUN 3	RUN 4
Menlo Park Caltrain (Depart)	6:46	7:46	8:46	9:46
Post Office	6:54	7:54	8:56	9:54
Bohannon & Campbell	6:55	7:55	8:57	9:55
4100 Bohannon	6:56	7:56	8:58	9:56
Scott & Marsh	6:57	7:57	8:59	9:57
110 Constitution	7:00	8:00	9:04	10:01
Constitution & Chrysler	7:01	8:01	9:05	10:02
Chrysler & Independence	7:02	8:02	9:06	10:03
149 Commonwealth	7:03	8:03	9:07	10:04
TIDE Academy	7:05	8:05	9:09	10:06
180 Jefferson	7:05	8:05	9:09	10:06
Constitution & Chilco	7:07	8:07	9:11	10:08
3641 Haven (Elan Menlo)	7:14	8:14	9:18	10:14
3639 Haven (Anton Menlo)	7:14	8:14	9:18	10:14
3760 Haven (Quicken)	7:16	8:16	9:20	10:16
Menlo Park Caltrain (Arrive)	7:30	8:30	9:32	--

## Afternoon Schedule

	RUN 1	RUN 2	RUN 3
Menlo Park Caltrain (Depart)	--	4:21	5:36
110 Constitution	3:48	4:44	5:59
Constitution & Chrysler	3:49	4:45	6:00
Chrysler & Independence	3:50	4:46	6:01
149 Commonwealth	3:51	4:47	6:02
TIDE Academy	3:53	4:49	6:04
180 Jefferson	3:53	4:49	6:04
Constitution & Chilco	3:55	4:52	6:07
3641 Haven (Elan Menlo)	3:59	4:58	6:13
3639 Haven (Anton Menlo)	3:59	4:58	6:13
3760 Haven (Quicken)	4:01	5:00	6:15
Scott & Marsh	4:06	5:07	6:22
4100 Bohannon	4:08	5:09	6:24
Bohannon & Campbell	4:09	5:10	6:25
Post Office	4:10	5:11	6:26
Menlo Park Caltrain (Arrive)	4:21	5:21	6:36

### Caltrain Arrivals in Menlo Park

From San Francisco	From San Jose	Shuttle Connection
#104: 6:20	#105: 6:28	Run 1 Dep. 6:46
#404: 7:26	#108: 7:41	Run 2 Dep. 7:46
#408: 8:26	#112: 8:41	Run 3 Dep. 8:46
#412: 9:26	#116: 9:41	Run 4 Dep. 9:46

### Caltrain Departures from Menlo Park

Shuttle Connection	To San Jose	To San Francisco
Run 1 Arr. 4:21	#416: 4:26	#144: 4:41
Run 2 Arr. 5:21	#420: 5:26	#148: 5:41
Run 3 Arr. 6:36	#152: 6:41	#154: 7:11

The M3-Marsh Road Shuttle operates Monday to Friday. No service on federal holidays or their observed days. Exceptions: service on Juneteenth, Columbus Day, and Veterans Day; no service on the Friday after Thanksgiving.