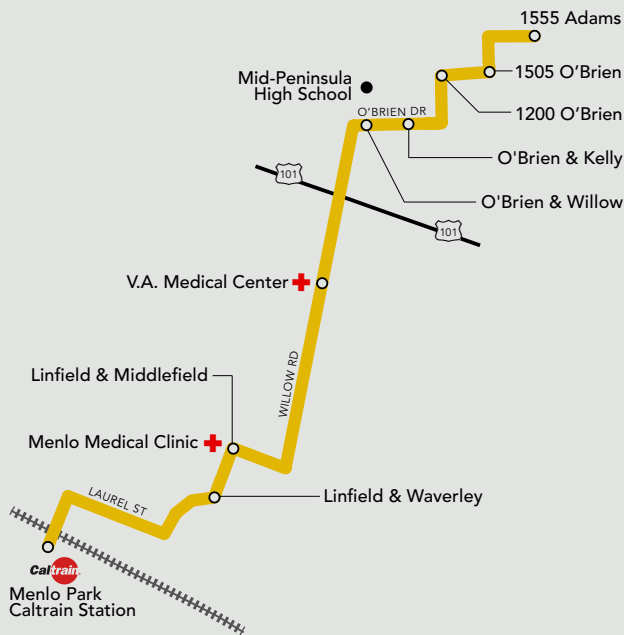




WILLOW ROAD SHUTTLE

Menlo Park Caltrain to Willow Road Business Parks

Effective Feb. 25, 2025



The M4-Willow Road Shuttle is FREE and open to everyone. The M1-Crosstown Shuttle also provides service along Willow Road (between Caltrain and Ivy Drive), from 8:00am-6:00pm.

FOR MORE INFORMATION

Menlo Park Shuttles
650-330-6770
menlopark.gov/shuttles

Caltrain
800-660-4287
caltrain.com

Regional Transit
Dial 5-1-1
511.org

Immediate Shuttle Assistance
MV Transportation
650-692-1003

Sign up for text alerts: smctd.com/shuttles/shuttle-text-alerts
Live Shuttle Tracker: peninsulashuttles.com

This shuttle is funded through grants from our partner agencies:



Morning Schedule

	RUN 1	RUN 2	RUN 3	RUN 4
Menlo Park Caltrain (Depart)	6:46	7:46	8:46	9:46
Linfield & Waverley	6:52	7:52	8:52	9:52
Linfield & Middlefield	6:53	7:53	8:53	9:53
VA Medical Center	7:00	8:00	9:00	10:00
O'Brien & Willow (Mid-Peninsula High School)	7:04	8:04	9:04	10:04
O'Brien & Kelly	7:04	8:04	9:04	10:04
1200 O'Brien (JobTrain)	7:05	8:05	9:05	10:05
1505 O'Brien	7:07	8:07	9:07	10:07
1555 Adams Dr	7:09	8:09	9:09	10:09
Menlo Park Caltrain (Arrive)	7:29	8:29	9:29	--

Afternoon Schedule

	RUN 1	RUN 2	RUN 3
Menlo Park Caltrain (Depart)	--	4:21	5:36
1555 Adams Dr	4:00	5:00	6:15
1505 O'Brien	4:02	5:02	6:17
1200 O'Brien (JobTrain)	4:03	5:03	6:18
O'Brien & Kelly	4:03	5:03	6:18
O'Brien & Willow (Mid-Peninsula High School)	4:04	5:04	6:19
VA Medical Center	4:09	5:09	6:24
Linfield & Middlefield	4:14	5:14	6:29
Linfield & Waverley	4:15	5:15	6:30
Menlo Park Caltrain (Arrive)	4:21	5:21	6:36

Caltrain Arrivals in Menlo Park

From San Francisco	From San Jose	Shuttle Connection
#104: 6:20	#105: 6:28	Run 1 Dep. 6:46
#404: 7:26	#108: 7:41	#109: 7:28
		Run 2 Dep. 7:46
#408: 8:26	#112: 8:41	#113: 8:28
		Run 3 Dep. 8:46
#412: 9:26	#116: 9:41	#117: 9:28
		Run 4 Dep. 9:46

Caltrain Departures from Menlo Park

Shuttle Connection	To San Jose	To San Francisco
Run 1 Arr. 4:21	#416: 4:26	#144: 4:41
		#145: 4:29
Run 2 Arr. 5:21	#420: 5:26	#148: 5:41
		#149: 5:29
Run 3 Arr. 6:36	#152: 6:41	#154: 7:11
		#155: 6:58

The M4-Willow Road Shuttle operates Monday to Friday. No service on federal holidays or their observed days. Exceptions: service on Juneteenth, Columbus Day, and Veterans Day; no service on the Friday after Thanksgiving.