

MENLO PARK SAFE ROUTES TO SCHOOL

READINESS CHECKLIST



Before walking alone to school, students should be confident in:

- Following walking rules
- Look left, right, and behind before crossing at corners
- Follow traffic signals
- Use paths and sidewalks, where provided
- Walking predictably
- Walk, don't run, across the street
- Watch for cars turning or pulling out of driveways
- Having a safety plan
- Develop a plan with your caregiver in case of an incident while walking
- Staying aware
- No texting or talking on cell phones while walking
- No listening to music with headphones while walking

For Parents

Depending on the age and experience level of your child, you may opt to accompany them on their trip.

Before biking alone, students should be confident in:

- Following biking rules
- Ride on the right side with traffic
- Stop at stop signs and look left, right, and behind
- Use proper hand signals when turning
- Riding predictably
- No swerving in and out of cars
- Make eye contact with drivers at intersections
- Ride in a single file line when biking in groups
- Having a safety plan
- Develop a plan with your caregiver in case of an incident while biking
- Staying aware
- No texting or talking on cell phones while biking
- No listening to music with headphones while biking
- Having the right gear
- Wear a helmet
- Have air in the tires and check brakes
- Have white lights in the front and red lights in the rear of the bike